

Self-Questionnaire For Persons Interested In Becoming A Foster or Adoptive Family

From the Web Based **Resource Family Orientation**, www.acrf.org

Are you interested in becoming a licensed foster family or foster-adoptive family? Take this short questionnaire to ask yourself how ready you are. If you are parenting with a spouse or partner, you may also want to have your partner answer the questionnaire and compare your responses. This questionnaire is for your own personal benefit. Your answers will not be submitted or recorded or seen by anyone but yourself. We encourage you to be as honest as possible.

General Questions

1. Do I meet the general qualifications of the licensed resource parent as listed in the orientation? Yes No Not Sure
2. Do I have the emotional support of my friends and family to become a resource parent? Yes No Not Sure
3. Do I have adequate space, toys, and activities in my home for the age of the children I am interested in parenting? Yes No Not Sure
4. Am I willing to commit to not using any form of physical punishment with a foster child in my care? Yes No Not Sure

About the Children

5. Do I know ways other than spanking to discipline and guide children? Yes No Not Sure
6. Do I know what ages of children I am interested in? Yes No Not Sure
7. Would I be open to taking in a sibling group? Yes No Not Sure
8. Am I willing to parent children who may have behavior problems and challenges? Yes No Not Sure
9. Am I open to parenting a child from another race or another culture? Yes No Not Sure

Co-Parenting and Support Systems

10. If I have a spouse or partner, is he or she willing to also be a resource parent? Yes No Not Sure
11. Do my partner and I agree on the ages of the children we would like to foster or adopt? Yes No Not Sure
12. Are my family and friends open to a child from another race or culture? Yes No Not Sure

Working With The OCS System

13. Am I willing to participate in training to learn about the children in my care? Yes No Not Sure
14. Am I willing to follow rules and regulations that tell me how to care for the children in my care? Yes No Not Sure
15. Am I willing to help preserve connections between a child and his family through visitation or phone contacts? Yes No Not Sure
16. Am I willing to help a child transition back to his birth family or into an adoptive home if that was the plan for him? Yes No Not Sure

Relative or Specific Child Placement

17. Do I understand how being a foster parent to this child will be different from being a relative? Yes No Not Sure
18. Am I able and willing to protect this child from his or her birth parents if needed? Yes No Not Sure
19. Am I willing to work with OCS even if it means that the agency may become involved with our family matters? Yes No Not Sure

Review your answers. Pay special attention to the questions you answered "No" or "Not Sure." These might be areas to explore further as you prepare yourself to become a licensed resource family.