

GROWTH MINDSET & SELF-REGULATION

@kwiens62



INSTEAD OF THINKING...
(FIXED MINDSET)



TRY THINKING...
(GROWTH MINDSET)

- HE NEEDS TO LEARN SOME SELF-CONTROL. ● HE NEEDS HELP WITH SELF-REGULATION.
- SHE KEEPS GIVING ME A HARD TIME. ● SHE IS HAVING A HARD TIME. HOW CAN I HELP?
- MY CLASSROOM WORKS FINE FOR ALL THE OTHER STUDENTS. ● EVERY STUDENT IS UNIQUE. WHAT CHANGES CAN I MAKE TO SUPPORT THIS STUDENT?
- HIS BEHAVIOUR COMES OUT OF THE BLUE. ● LET'S LOOK DEEPER FOR PATTERNS AND SETTING EVENTS.
- NOTHING WORKS FOR THIS CHILD. ● WHAT ELSE CAN I TRY?
- SHE JUST NEEDS TO CALM DOWN. ● DOES SHE EVEN KNOW WHAT CALM FEELS LIKE?
- HE WON'T EVER LEARN SELF-REGULATION. ● HOW CAN I HELP HIM LEARN SELF-REGULATION?

GROWTH MINDSET AND SELF-REGULATION
DECREASE JUDGEMENT AND INCREASE CURIOSITY

