	OFFICE USE ONLY:		Score			Percent Correct		
DEALING WITH FEELI From the Trauma Informed Cares			on 3 (Online Aud	io)			1.0 hour	
NAME: Only one person per questio				PHONE NO.:_				
ADDRESS: Street or Post Office			City		State	Zip	+4	
EMAIL:				·				
Yes! I would like to a		•	_	I the quarterly nev	vsletter	by em	ail.	
Are you a foster parent?	YES	If YES, wh	If YES, what is your Foster Home License #:					
If NO, please check one:	Pending F	Foster Parent	OCS	Birth Parent		Adopt	tive Parent	
Other (please specify): _								
specifically stated in the pr 1. What are the three p	· ·	ognitive triangle	a?					
•	arts of the co		· .					
1.								
2.								
3.								
2. Children may not hat and may not be very				nay not even know	what th	ney are	feeling	
True False								

3. Children might act out to keep you at an emotional distance and keep you away.

True False

CHECK YOUR UNDERSTANDING Dealing with Emotions and Behavior, Page 2

4.	It is never good for a child to get angry or vent their feelings because that just makes it worse.
	True False
5.	In the presentation, the speakers talks about the need to "differentiate yourself" from the people in a child's past. What does this mean?
6.	We can help children recognize their feelings by trying to put them into (FILL IN THE BLANK)
7.	It is critical that caregivers model how to handle emotions by maintaining our own emotions and trying to be consistent in our emotions.
	True False
8.	What was the suggested ratio of positive words to negative or corrective words given by the speaker?
	2 positive to 1 negative 6 positive to 1 negative 8 positive to 1 negative 12 positive to 1 negative

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;

"Dealing with Feelings and Behaviors" - Webcast?

Excellent	Good	Fair	Poor					
What did you like best about this course?								
Media presentation Links to other site Other:		Written information Printable Lesson Pages						
Have you ever taken a	n on- line course before	ore?						

Yes No

Would you be inclined to take another online course?

Yes No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes No

If yes, what difficulties did you have?

Got lost while navigating the site Couldn't open up links Couldn't open up media from other sites Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use? No Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION AND MAIL IT TO:

Alaska Center for Resource Families 815 Second Avenue, Suite 101 Fairbanks, Alaska 99701 OR

> Fax to: 907-479-9666 OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW (If you are not using web-based email, this should open your email program then just press send.)