

**What Are Sensory Processing Disorders?****1.0 hour**

From the Rural Teleconference Sensory Processing Disorder Series, Session 1

NAME: \_\_\_\_\_ PHONE NO.: \_\_\_\_\_

*Only one person per questionnaire. Feel free to make additional copies if needed.*

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**Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.****No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: \_\_\_\_\_

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (*please specify*): \_\_\_\_\_**CHECK YOUR UNDERSTANDING***Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.*

- Which of the following is the definition of an Occupational Therapy that McKenzie Holm gave in this teleconference presentation?

Work with children and adults that focuses on walking and motor movement  
 Helps individuals function in the occupation of their day or how they spend their day  
 Therapy in which the process is either a productive or creative activity  
 Assistance with speech and language formation

- Besides the five basic senses, what are the other three senses that McKenzie talked about?

Sensory, Processing, Disorders  
 Sight, Sound, and Touch  
 Molecular, Perception, and Visual  
 Tactile, Vestibular, and Proprioception

- McKenzie used the analogy of a cup of water to describe the different kinds of sensory processing imbalances. When the brain registers too much information and the cup of water gets full and overflows, this refers to a child who is:

Hypo-sensitive  
 Hyper-sensitive  
 Self-Regulation Disorder  
 Proprioception Imbalance  
 Gravitational Insecurity

CHECK YOUR UNDERSTANDING

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4. Using the same analogy, when the brain is not getting enough sensory information and is missing cues in the environment and the cup of water seems empty or to be leaking, this is called:

Hypo-sensitivity  
Hyper-sensitivity  
Self-Regulation Disorder  
Proprioception Imbalance  
Gravitational Insecurity

5. Sensory Processing is not considered disordered unless the brain's inability to organize sensory input interferes with a child's daily functioning or with family daily functioning.

True  
False

6. If a child has a "too full cup" and can't tune out the stimuli, he will probably be a sensory \_\_\_\_\_ . (FILL IN THE BLANK)

7. If a child has a "cups with holes in in and is not getting enough sensory information from the environment, he will probably be a sensory \_\_\_\_\_ (seeker). (FILL IN THE BLANK)

8. We all use the same strategies to self-regulate what our senses and bodies are telling us so when we are sensory processing, that is a bad thing.

True  
False

9. McKenzie said the number one thing that parents can do when they have a child with a sensory processing disorder is

Help the child and the family get enough sleep  
Get the child in for a trauma assessment.  
Assess for psychotropic medications  
Contact the social worker

CHECK YOUR UNDERSTANDING

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10. McKenzie called Sensory Processing Disorder is a \_\_\_\_\_ based disorder and it is not a choice.

- Psychological
- Digestive System
- Brain
- Biological

11. Sensory Processing Disorder is usually a piece of a bigger puzzle such as trauma or ADD or Autism or FASD

- True
- False

## COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;

### **"What are Sensory Processing Disorders?" - Audio Course**

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Links to other sites

Other:

Written information

Printable Lesson Pages

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION

AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 202

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

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