



**2020**

# **Self-Study Catalog**

***For Caregivers of Foster and Adoptive Children***

**View this catalog online:**

**[www.acrf.org](http://www.acrf.org)**

**OR CALL**

**Fairbanks – (907) 479-7307**

**Anchorage – (907) 279-1799**

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A Division of

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*Enhancing the health and safety of children, families, and communities*

# Table of Contents

INTRODUCTION TO THE ALASKA CENTER FOR RESOURCE FAMILIES SELF-STUDY COURSE CATALOG .....	3
START YOUR TRAINING HERE... ..	4
CLUSTER PACKETS.....	6
ABUSE & ABUSE PREVENTION.....	10
DOMESTIC VIOLENCE.....	10
EMOTIONAL/NEGLECT/PHYSICAL ABUSE.....	10
SEXUAL ABUSE.....	11
ADOLESCENCE .....	12
ADOPTION.....	13
ALCOHOL: FASD TOPICS.....	16
ATTENTION DEFICIT HYPERACTIVITY DISORDER.....	17
COMMUNICATION.....	18
CULTURE & HERITAGE.....	18
TLINGIT & HAIDA VIDEO SERIES: .....	19
DEVELOPMENT .....	20
DIFFICULT BEHAVIORS .....	21
DISCIPLINE/PARENTING .....	22
DRUG EFFECTED CHILDREN.....	25
EATING DISORDERS.....	25
EDUCATION .....	25
FOSTER CARE.....	26
HEALTH & SAFETY.....	28
INDEPENDENT LIVING .....	29
KINSHIP CARE .....	30
LGBT .....	30
MENTAL HEALTH & ILLNESS.....	31
SELF-ESTEEM .....	33
SEPARATION, LOSS & ATTACHMENT .....	33
SPECIAL NEEDS.....	34
STRESS & ANGER .....	36
SUBSTANCE ABUSE.....	37
SPANISH MATERIALS.....	38
YUPIK MATERIALS.....	39
SELF-STUDY LENDING LIBRARY POLICIES & PROCEDURES.....	40

# *Introduction to the Alaska Center for Resource Families Self-Study Course Catalog*

This self-study course catalog has been specifically designed to help Alaska's foster, adoptive, guardian and relative caretakers understand the child protective system and the special needs of the children in their care. You can order materials and study on your own! Then return the questionnaires for training credit.

The Alaska Center for Resource Families (ACRF) is a private non-profit grant funded program that works with the Office of Children's Services to help you meet your training requirements and provide you support. All services are free of charge. ACRF offers a variety of training opportunities including on-site training, web-based training and self-study materials.

## *Training Requirements for Licensed Foster Parents*

In Alaska, foster parents are required to have training during each licensing year, which helps the family to meet the special needs of children in their care. Foster homes with two parents need to have fifteen (15) hours of training per year, with one parent having at least five. Single parent foster homes need (10) hours of training per licensing year.

Both parents in a two-parent family may complete the same self-study course (including books, DVD's and videos) each parent must submit a separate questionnaire for credit. However, once you have completed a course, you **may not** complete the same course again, unless the materials have been substantially revised.

**You can submit training received from other places for foster parent training credit!** Complete a Training Information Sheet and attach documentation.

**Other independent study material** such as watching a movie or reading a book not in our library may also count for foster parent credit. Complete a selected reading or video questionnaire and tell us what you learned,

**You may download these forms at**  
<https://www.acrf.org/resources-training-forms.php?tn=5>  
**or phone us for a copy.**

## *TO ORDER MATERIALS:*

- Visit our offices (Located on the back cover)
- Go to our website [www.acrf.org](http://www.acrf.org) and look at the on-line catalog or complete on-line courses.
- Phone our Fairbanks office 479-7307
- Phone our Anchorage office 279-1799
- Other areas phone toll-free 1-800-478-7307

## *Start Your Training Here...*

The journey through foster care and adoption is highly complex. In order to navigate the system, all foster and adoptive families should first complete **Core Training for Resource Families** (*also available in Spanish and Yup'ik*). Adoptive or guardian families should also complete the **Adoption and Guardianship Preparation Training Self-Study Workbook**. You may keep the workbooks for your own reference and return the questionnaires for credit.

### ❑ **Core Training for Resource Families** *Revised 8/19* (16.0 Hours)

#### **Becoming a Healing Family:**

Unit 1: Understanding Trauma (1.5 hours)

Unit 2: Felt Safety and Taking Care of Yourself (1.0 hour)

Unit 3: Helping Your Child Understand and Manage Emotions and Behaviors (2.0 hours)

Unit 4: Supporting Connections and Strength Based Stories (1.0 hour)

Unit 5: Advocating and Promoting Trauma Informed Care (1.0 hour)

#### **Understanding OCS and the Role of the Resource Family:**

Unit 6: Understanding Child Protective Services (2.0 hours)

Unit 7: The Child Protective Services Team/Understanding ICWA (1.5 hours)

Unit 8: Working with the Office of Children's Services (1.5 hours)

Unit 9: Working with Birth Families and Family Contact (1.5 hours)

Unit 10: Permanency Goals (Reunification, Adoption and Legal Guardianship) (1.0 hour)

Unit 11: Transitions and Reunification (1.0 hour)

Unit 12: The Reasonable and Prudent Parent Standard (1.0 hours)

### ❑ **Core Training for Relative Caregivers** *Revised 6/19* (16.0 Hours)

#### **Becoming a Healing Family:**

Unit 1: Kinship Care (1.5 hours)

Unit 2: Understanding Trauma (1.5 hours)

Unit 3: Felt Safety and Taking Care of Yourself (1.0 hour)

Unit 4: Helping Your Child Understand and Manage Emotions and Behaviors (2.0 hours)

Unit 5: Setting and Enforcing Boundaries in Kinship Foster Families (2.0 hours)

#### **Understanding OCS and the Role of the Resource Family:**

Unit 6: Understanding Child Protective Services (2.0 hours)

Unit 7: The Child Protective Services Team/Understanding ICWA (1.5 hours)

Unit 8: Working with the Office of Children's Services (1.5 hours)

Unit 9: Permanency Goals (Reunification, Adoption and Legal Guardianship) (1.0 hour)

Unit 10: Transitions and Reunification (1.0 hour)

Unit 11: The Reasonable and Prudent Parent Standard (1.0 hours)

## **Adoption and Guardianship Preparation Training for Alaska’s Resource Families (6.0 Hours)**

Unit 1: The State of Alaska Child Protection System and Permanency Through Adoption and Guardianship

Unit 2: The Home Study Process

Unit 3: Special Needs Children and Legal Risk Placement: Open or Closed Adoptions

Unit 4: Core Issues in Adoption

Unit 5: Maintaining Connections to Culture and Family

Unit 6: State of Alaska Adoption or Guardianship Subsidy Programs

### *Also recommended...*

#### **☐ Off To A Good Start Series ..... 9.0 Hours**

Course: The Sexually Abused Child in Foster Care, *Aileen McInnis, ACRF, 1996*

Course: The Physically Abused Child in Foster Care, *Aileen McInnis, ACRF, 1996*

Course: The Neglected Child in Foster Care, *Aileen McInnis, ACRF, 1996*

Course: The Child from a Home with Domestic Violence, *Aileen McInnis, ACRF, 1996*

Course: The Alcohol-Affected Child in Foster Care, *Aileen McInnis, ACRF, 1996*

Course: The Child from an Alcoholic Home, *Aileen McInnis, ACRF, 1996*

Course: When you are a Foster Parent for a Relative, *Aileen McInnis, ACRF, 1996*

Course: Separation and Loss in the Foster Child, *Aileen McInnis, ACRF, 1997*

Course: Caring for the Drug Exposed Infant, *Aileen McInnis, ACRF, 2008*

#### **☐ Understanding the Regulations..... 10.0 Hours**

Course: Positive Parenting and Managing Behavior, *1999*

Course: Development of the Young Child in the Foster Home, *1999*

Course: Child Health and Medications, *1996*

Course: Nutrition and Eating in the Foster Home, *1996*

Course: Safety in the Foster Home, *Revised 2006*

Course: Foster Parent Training, *2001*

Course: Recordkeeping, *Revised 2009*

Course: Foster Homes with Specializations and Foster Group Homes, *1996*

Course: Confidentiality, *2002*

Course: Fire Safety, First Aid and Emergency Preparedness in the Foster Home, *2006*

# Cluster Packets

Cluster Packets are composed of articles and courses that pertain to a specific subject. You can keep the materials and return the questionnaires for credit hours.

## **Abused and Neglected Children..... 14.0 Hours**

Course: Child Abuse and Neglect in the Young Child, *Aileen McInnis, ACRF, Revised 2002*

Course: Domestic Violence and Its Impact on Children, *Aileen McInnis, ACRF, Revised 2004*

Course: The Physically Abused or Neglected Child in Foster Care, *Aileen McInnis, ACRF, Revised 1998*

Information Packet: Child Maltreatment, *(Spanish version available) 2004*

Information Packet: Long-Term Consequences of Abuse and Neglect, *Revised 2014*

## **ADD/ADHD..... 6.0 Hours**

Course: Focusing on ADHD: A Guide for Foster Parents, *Aileen McInnis, ACRF, 2001*

Information Packet: ADHD and Teens, *Revised 2008*

Information Packet: Attention Deficit Disorder, *1990*

Information Packet: What is Attention-Deficit Disorder? *2006*

## **Adoption and Guardianship Preparation Training (Revised 2011)..... 6.0 Hours**

Section One: The State of Alaska Child Protection System and Permanency through Adoption and Guardianship

Section Two: The Home Study Process

Section Three: Special Needs Children and Legal Risk Placement: Open or Closed Adoptions

Section Four: Core Issues in Adoption

Section Five: Maintaining Connections to Culture and Family

Section Six: State of Alaska Adoption and Guardianship Subsidy Program

## **Aggression In Children ..... 7.0 Hours**

Course: Caring for the Aggressive Child in Foster Care, *Aileen McInnis, ACRF 1998*

Course: Understanding and Dealing with Temper Tantrums, *Aileen McInnis, ACRF, Revised 2006*

Information Packet: Dealing with Anger and Aggression, *Updated 2016*

## **Attachment and Separation ..... 12.0 Hours**

Course: Attachment, Oregon Post Adoption Resource Center, *2004*

Course: Grief and Loss in Children, Birth Parents and Foster Families, *Aileen McInnis, ACRF, 1999*

Course: Hard to Hold: Attachment Difficulties in Children, *Aileen McInnis, ACRF, 1997*

Information Packet: Attachment Disorders in Foster Children, *Revised 2002*

Information Packet: Separation, Loss and Adjustment in Foster Care, *Revised 2002*

## **Autism and Sensory Integration Issues..... 6.0 Hours**

Course: Autism Spectrum Disorder: An Overview, *written by Deborah A. Hayes, ACRF 2008*

Course: Sensory Integration/Sensory Processing Disorder, *Based on ACRF Rural Support Groups hosted by Janna Smith, written by Aileen McInnis, 2005*

Course: Social Stories, *written by Christie Reinhardt, 2011*

Information Packet: Autism Spectrum Disorder, *2005*

## **Behavior Management..... 9.0 Hours**

Course: Discipline in Foster Care: Techniques for Parents, *Based on the works of Carol Brice written by Aileen McInnis, ACRF, Revised 2003*

Course: Positive Parenting for Foster Parents, *Aileen McInnis, ACRF, 2002*

Information Packet: Behavior Modification Techniques, *2002*

Information Packet: Discipline and Behavior Management in Foster Care, *Updated 2003*

Information Packet: Using Time-Outs, *1999*

<b>☐ Care for Pregnant and Parenting Adolescents.....</b>	<b>8.5 Hours</b>
Course: Fostering Pregnant and Parenting Teens, <i>Tamara Keech, ACRF, 2011</i>	
Course: Infancy: A Survey of Development, <i>Aileen McInnis, ACRF, Revised 2003</i>	
Course: Understanding Depression and Suicide in Children and Teens, <i>Jennifer Wissink, ACRF, Revised 2007</i>	
<b>☐ Caring for Kids who have been Sexually Abused.....</b>	<b>5.0 Hours</b>
Information Packet: Part 1: The Facts about Child Sexual Abuse, 2012	
Information Packet: Part 2: Child Sexual Development and Sexual Behavior Problems in Children, 2012	
Information Packet: Part 3: Coping with the Emotional Stress of the Legal Issues, 2012	
Information Packet: Part 4: Understanding and Dealing with Acquaintance Rape, 2012	
Information Packet: Promoting Healthy Sexuality after Sexual Abuse, 2009	
<b>☐ Child Development: Birth Through Twelve .....</b>	<b>9.0 Hours</b>
Course: Infancy: A Survey of Development, <i>Aileen McInnis, ACRF, 2003</i>	
Course: The Young Child in Foster Care: Developmental Issues, <i>Aileen McInnis, ACRF, 1998</i>	
Information Packet: Child Development, Milestones, Assessment, Identification and Referral, <i>AK IN Project, Rev. 2007</i>	
<b>☐ Child Welfare System Issues .....</b>	<b>10.0 Hours</b>
Course: Reporting Child Abuse and Neglect, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Course: The Role of the Guardian Ad Litem and CASA, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Course: Understanding Foster Care: The Child, the Family, the System, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Information Packet: Recognizing Signs and Symptoms of Child Abuse and Neglect, <i>Updated 2016</i>	
Information Packet: The Indian Child Welfare Act, <i>Updated 2016</i>	
<b>☐ Cross Cultural Issues .....</b>	<b>3.0 Hours</b>
Course: Cross Cultural Child Care: A Guide for Foster Parents, <i>Michele M. Conte, University of Oregon, 1996</i>	
Information Packet: Hawaiian, Filipino and Samoan Cultures, 2002	
Information Packet: Making Cultural Connections: Hair, Skin and Diet for Children of Color, 2005	
<b>☐ Difficult Behaviors .....</b>	<b>8.0 Hours</b>
Course: Animal Cruelty and Children, <i>Aileen McInnis, ACRF, 2000</i>	
Course: Dealing with Lying and Stealing: Looking at Dishonest Behavior, <i>Aileen McInnis, ACRF, 1999</i>	
Information Packet: Children without Friends, 1993	
Information Packet: Fears in Children, <i>Updated 2016</i>	
<b>☐ Emergency Shelter/On-Call Homes.....</b>	<b>16.5 Hours</b>
Course: Fostering Skills: Boundaries in Foster Care, <i>Aileen McInnis, ACRF, 2001</i>	
Course: Handling Stress and Anger in Foster Parenting, <i>Aileen McInnis, ACRF, 1998</i>	
Course: Helping Children Move On: Reunification and Transition, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Course: The Sexually Abused Child in Foster Care, <i>Aileen McInnis, ACRF, Revised 1998</i>	
Information Packet: Foster Parent Grief and Loss, <i>Updated 2016</i>	
Information Packet: Separation, Loss and Adjustment in Foster Care, 2002	
Information Packet: Trauma Series Topic 3: Building a Safe Place, 2014	
Information Packet: Working with Your Social Worker, <i>Updated 2016</i>	
<b>☐ Fetal Alcohol Spectrum Disorder .....</b>	<b>14.0 Hours</b>
Course: Adolescents with Fetal Alcohol Spectrum Disorder, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Course: FAS/FAE: A Practical Guide for Parents, <i>Jim Slinn, 1994</i>	
Course: Fetal Alcohol Spectrum Disorder: An Introduction for Foster Parents, <i>Aileen McInnis, ACRF, Revised 2006</i>	
Course: Fetal Alcohol Spectrum Disorder: Caring for Foster Children with FASD, <i>Aileen McInnis, ACRF, Revised 2006</i>	

**❑ Fire Safety and Firesetting ..... 6.0 Hours**

Course: Fostering a Fire Safe Home, *Aileen McInnis, ACRF, 2000*

Information Packet: Fire Safety in the Home, *1998*

Information Packet: Fire-Setting, *Updated 2016*

**❑ Foster Parenting Native Children ..... 8.0 Hours**

Course: How Foster and Adoptive Parents Can Work with Tribes, *Deb Hayes, ACRF, Revised 2006*

Course: The Importance of Culture and Maintaining Connections for Alaskan Native Children, *Deb Hayes, ACRF, Revised 2004*

Course: Understanding the Effects of Childhood Trauma on Brain Development in Native Children, *E. Wasserman, PhD, 2005*

Information Packet: Alaska Native Values, *Updated 2016*

Information Packet: Keeping Native Children Connected to their Culture, *Updated 2002*

**❑ From Home to Home ..... 11.5 Hours**

Course: Helping Children Move On: Reunification and Transition, *Aileen McInnis, ACRF, Revised 2006*

Course: Helping Children Stay Connected to Their Families, *Aileen McInnis, ACRF, Revised 2006*

Course: Lifestory Books, *Oregon Post Adoption Resource Center, Updated 2015*

Course: Making Visits Go More Smoothly, *Aileen McInnis, ACRF, Revised 2006*

Course: Understanding the Birth Parent, *Aileen McInnis, ACRF, 1998*

Information Packet: Lifebooks, *1997*

**❑ Increasing Professional Skills for Foster Parents ..... 8.0 Hours**

Course: Communicating Clearly: Skills for Foster Parents, *Aileen McInnis, ACRF, 1996*

Course: Speaking and Testifying on Behalf of Foster Children, *Aileen McInnis, ACRF, Revised 2007*

Course: The Foster Parent's Role in the Court Process, *Sonia Ward, ACRF, 2004*

Information Packet: Being an Advocate and a Professional, *Revised 2002*

Information Packet: Incarcerated Parents and Their Children: Information for Resource Families, *1998*

Information Packet: Working with Your Social Worker, *Revised 2006*

Handout: Complaints Regarding Foster Homes, *Revised 2006*

**❑ Kinship/Relative Care ..... 4.0 Hours**

Course: Kinship Care, *Raquel Martinez, ACRF, Revised 2008*

Course: When You are a Foster Parent for a Relative (Off to a Good Start Series #7), *Aileen McInnis, ACRF, Rev. 2015*

Information Packet: Relative Foster Care: Grandparents Raising Grandchildren, *1995*

**❑ Mental Health Disorders ..... 6.5 Hours**

Course: When Your Foster Child Needs Counseling, *Aileen McInnis, ACRF, Revised 1999*

Information Packet: Bipolar Disorder in Children and Teens, *Updated 2016*

Information Packet: Conduct Disorder and Oppositional Defiant Disorder, *2003*

Information Packet: Mental Health: What is a Dual Diagnosis, *Updated 2007*

Information Packet: Oppositional Defiant Disorder in Children and Adolescents, *Updated 2016*

**❑ Mental Health Issues: Depression and Self-Destructive Behavior ..... 11.5 Hours**

Course: Self-Destructive Behaviors, *Aileen McInnis, ACRF, Revised 2010*

Course: Understanding Depression and Suicide in Children and Teens, *Jennifer Wissink, ACRF, Revised 2007*

Course: Youth Depression and Suicide Depression, *Oregon Post Adoption Resource Center, 2004*

Information Packet: Cutting and Self-Injury in Youth, *2010*

Information Packet: Depression in Children and Teens, *Revised 2006*

Information Packet: Mental Health: Depression and Depressive Illness, *Revised 2006*

Information Packet: Suicide, Stress and Adolescents, *Updated 2016*

**☐ Mental Health Issues: General Information ..... 9.0 Hours**

Course: Fostering Children and Teens with Mental Health Problems, *Aileen McInnis, ACRF, Revised 2006*

Course: Mental Health Disorders in Children and Adolescents: An Overview, *Jennifer Wissink, ACRF, Revised 2007*

Information Packet: Mental Health: Services for Children in Foster Care, 2004

**☐ Parenting Foster and Adopted Teens ..... 12.0 Hours**

Course: Communicating with Your Teen, *Based on ACRF Rural Support Groups hosted by Janna Smith, written by Aileen McInnis, 2006*

Course: Fostering the Teenager, *Based on the work of Carol Brice, written by Aileen McInnis, ACRF, 1998*

Course: Parenting the Adopted Adolescent, *Tamara Keech, ACRF, 2006*

Course: Runaways, *Aileen McInnis, ACRF, 1999*

Information Packet: Normal Adolescent Development, *Updated 2016*

**☐ Sexual Abuse ..... 13.0 Hours**

Course: Dealing with Sexually Acting-Out Behaviors in Foster Care, *Aileen McInnis, ACRF, Revised 2008*

Course: The Adolescent Sexual Offender, *Aileen McInnis, ACRF, Revised 2006*

Course: The Sexually Abused Child in Foster Care, *Aileen McInnis, ACRF, Revised 1998*

Information Packet: Parenting the Sexually Abused Child, *Revised 2002*

**☐ Stress and Anger ..... 8.0 Hours**

Course: Anger in Foster Children, *Jennifer Wissink, ACRF, Revised 2007*

Course: Fostering Skills: Boundaries in Foster Care, *Aileen McInnis, ACRF, 2001*

Course: Handling Stress and Anger in Foster Parenting, *Aileen McInnis, ACRF, 1998*

**☐ Substance Abuse Issues..... 13.0 Hours**

Course: Alcoholism and Addiction: Effects on the Family, *Aileen McInnis, ACRF, 1997*

Course: Inhalant Abuse, *Jennifer Kipp-Wissink, ACRF, 2003*

Course: Substance Abuse, *Aileen McInnis, ACRF, 1999*

Information Packet: Inhalant Abuse Information, *Revised 2002*

# Abuse & Abuse Prevention

Due to the subject matter, some of these materials may contain strong language and/or graphic details.

## Domestic Violence

### BOOKS:

**Children in the Crossfire: Violence in the Home - How Does it Affect Our Children (2.0 Hours)**

Roy, Maria. Health Communications, Inc. 1988. Selected Reading Questionnaire.

**Everything You Need to Know About Family Violence (1.0 Hour)**

Stark, Evan. Kidsrights, 2000. Selected Reading Questionnaire.

**Ghosts from the Nursery: Tracing Roots of Violence (3.0 Hours)**

Karr-Morse, Robin, Atlantic Monthly Press, 1998. Selected Reading Questionnaire.

### COURSE:

**Domestic Violence and Its Impact on Children (4.0 Hours)**

McInnis, Aileen. ACRF, Revised 2004. Questionnaire: 16 True/False, multiple choice and completion questions.

**Healing the Invisible Wounds: Children's Exposure to Violence: A Guide for Families (2.0 Hours)**

Safe Start Center, 2013. Questionnaire: 10 True/False and short answer questions.

### DVD:

**Domestic Violence and Childhood Trauma (1.0 Hour)**

Magna Systems, Inc. Revised 7/04. Questionnaire: 16 True/False, multiple choice and completion questions.

**Hear Our Voices: Stories of Children Exposed to Domestic Violence (1.0 Hour)**

Silence Speaks, A Project of the Center for Digital Storytelling. Questionnaire: Selected DVD Questionnaire

**Hidden Victims: Children of Domestic Violence (2.0 Hours)**

Discovery Education, AIMS Multimedia. Questionnaire: 14 True/False and short answer questions.

**The Witness: The Impact of Domestic Violence on Children (1.0 Hour)**

Kodiak Native Association, 2001. Questionnaire: 12 True/False, multiple choice and essay questions.

## Emotional/Neglect/Physical Abuse

### BOOKS:

**Alternatives to Violence: Empowering Youth to Develop Healthy Relationships (2.0 Hours)**

Wolfe, David, Christine Wekerle and Katreena Scott. SAGE Publications, 1997. Selected Reading Questionnaire.

**But I Love Him: Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships (2.0 Hours)**

Murray, Dr. Jill. HarperCollins, 2000. Selected Reading Questionnaire.

**Caring for the At-Risk Infant and Toddler in a Foster Care Home (2.0 Hours)**

Heidemann, Sandra. Early Childhood Studies, 1991. Questionnaire: 10 multiple choice and completion questions.

**Creative Interventions with Traumatized Children (2.0 Hours)**

Malchiodi, Cathy A. and Perry, Bruce, Guilford Press, 2008. Selected Reading Questionnaire.

**Everything You Need to Know About Sexual Harassment (1.0 Hour)**

Bouchard, Elizabeth, Rosen Publishing Group, 1990. Selected Reading Questionnaire.

**Parent's Guide to Preventing and Responding to Bullying (1.0 Hour)**

Thomas, Jason. School Bullying Council, 2011. Selected Reading Questionnaire.

**Saving Beauty from the Beast: How to Protect Your Daughter from an Unhealthy Relationship (2.0 Hours)**

Crompton, Vicki and Ellen Zelda Kessner. Little, Brown and Company, 2003. Selected Reading Questionnaire.

**Somebody's Someone: A Memoir (3.0 Hours)**

Louise, Regina. Warner Books, 2003. Selected Reading Questionnaire.

**The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook (2.0 Hours)**

Perry, Bruce D. and Maia Szalavitz. Basic Books 2006. Selected Reading Questionnaire.

**The Bully, the Bullied, and the Bystander (2.0 Hours)**

Coloroso, Barbara. HarperResource, 2003. Selected Reading Questionnaire.

**Violence Proof Your Kids Now: How to Recognize the 8 Warning Signs & What to do about Them (2.0 Hours)**

Shearin Karres, Erika V., Conari Press, 2000. Selected Reading Questionnaire.

**When the Bough Breaks: The Cost of Neglecting Our Children (3.0 Hours)**

Hewlett, Sylvia Ann. HarperPerennial, 1991. Selected Reading Questionnaire.

## COMPUTER DISK CD-ROM:

### **Reporting Child Abuse in Alaska (1.0 Hour)**

State of Alaska, Children's Justice Act Task Force, 2006. Questionnaire: 12 completion, multiple choice and true/false questions.

## COURSES:

### **Child Abuse and Neglect in the Young Child (5.0 Hours)**

McInnis, Aileen. ACRF, Revised 2002. Questionnaire: 15 True/False, multiple choice and completion questions.

### **Healing the Invisible Wounds: Children's Exposure to Violence (2.0 Hours)**

McInnis, Aileen. ACRF, 2013. Questionnaire: 10 True/False and short answer questions.

### **Reporting Child Abuse and Neglect (2.0 Hours)**

McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 10 True/False, multiple choice and completion questions.

### **The Physically Abused or Neglected Child in Foster Care (3.0 Hours)**

McInnis, Aileen. ACRF, Revised 1998. Questionnaire: 11 True/False, multiple choice and completion questions.

### **Understanding the Effects of Maltreatment on Early Brain Development (1.5 Hours)**

McInnis, Aileen. ACRF, 2008. Questionnaire: 14 True/False, multiple choice, completion and short answer questions.

## DVD:

### **Elijah's Story: A True Story of Shaken Baby Syndrome (Spanish subtitles) (.5 Hour)**

National Center on Shaken Baby Syndrome, 2002. Selected DVD Questionnaire

### **Effects of Neglect in Early Childhood (1.0 Hour)**

McInnis, Aileen. ACRF Rural Teleconference Series, 2010. Questionnaire: 10 True/False, multiple choice and short answer questions.

### **How to Tell if a Child is Being Abused (1.0 Hour)**

Syndistar, Inc., 1988. Questionnaire: 12 true/false multiple choice and completion questions.

## INFORMATION PACKETS:

**Abusive Head Trauma (Shaken Baby Syndrome), 2013 (1.0 Hour)**

**Bullying and Children, 2008 (1.0 Hour)**

**Child Maltreatment, (Spanish Version Available) 2004 (1.0 Hour)**

**Cyberbullying, 2008 (1.0 Hour)**

**Helping the Traumatized Child at Home and School, Updated 2016 (1.0 Hour)**

**Long-Term Consequences of Abuse and Neglect, (Spanish Version Available) Updated 2014 (1.0 Hour)**

**Recognizing Signs and Symptoms of Child Abuse and Neglect, (Spanish Version Available) Updated 2016 (1.0 Hour)**

# *Sexual Abuse*

## BOOKS:

### **Helping the Sexually Abused Child: A Guide for Foster Parents (3.0 Hours)**

Cunningham, Marilyn. Marin County DHHS, 1982. Questionnaire: 12 multiple choice questions.

### **How Long Does It Hurt? A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends, and Their Families (2.0 Hours)**

Mather, Cynthia L., Jossey-Bass, 2004. Selected Reading Questionnaire

### **Sexualized Children: Assessment and Treatment of Sexualized Children and Children Who Molest (2.5 Hours)**

Gil, E. and T. Cavanagh-Johnson. Launch Press, 1993. Questionnaire: 7 true/false, and essay questions. **ADVANCED**

### **Sibling Abuse: Hidden Physical, Emotional, and Sexual Trauma (2.0 Hours)**

Wiehe, Vernon R. Lexington Books, 1990. Selected Reading Questionnaire.

### **The Sexualized Child in Foster Care: A Guide for Foster Parents and Other Professionals (1.0 Hour)**

Hoyle, Sally G. CWLA Press, 2000. Selected Reading Questionnaire.

## COURSES:

### **Dealing with Sexually Acting-Out Behaviors (4.0 Hours)**

McInnis, Aileen. ACRF, Revised 2008. Questionnaire: 15 True/False, multiple choice and completion questions.

### **The Adolescent Sexual Offender (4.0 Hours)**

McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 11 True/False, multiple choice and completion questions.

### **The Sexually Abused Child in Foster Care (4.0 Hours)**

McInnis, Aileen. ACRF, Revised 1998. Questionnaire: 14 True/False, multiple choice and completion questions.

## DVDs:

### **A Safe Environment for Foster Children Series (2.0 Hours Each)**

*Northwest Media, Inc. 1990.*

Part 1: Managing Sexual Acting-Out Behaviors - Questionnaire: 16 multiple choice and completion questions.

Part 2: Understanding and Managing Anger - Questionnaire: 10 multiple choice and completion questions.

Part 3: A Time and Place for Healing - Questionnaire: 15 multiple choice, true/false, essay and completion questions.

### **Fostering the Sexually Abused Child Part One (1.0 Hour)**

*McInnis, Aileen. ACRF Rural Teleconference Series, 2010. Questionnaire: 12 True/False, multiple choice and short answer questions.*

### **Fostering the Sexually Abused Child Part Two (1.0 Hour)**

*McInnis, Aileen. ACRF Rural Teleconference Series, 2010. Questionnaire: 11 True/False, multiple choice and short answer questions.*

### **Scared Silent: Exposing and Ending Child Abuse (.75 Hour)**

*Hosted by Oprah Winfrey, Arnold Shapiro Productions, 1992. Selected DVD Questionnaire.*

### **Sexualized Behavior (2.0 Hours)**

*Foster Parent College, Northwest Media, Inc. 2003. Questionnaire: 10 multiple choice, true/false, short essay and completion questions.*

## INFORMATION PACKET:

**Caring for Kids who have been Sexually Abused Part 1: The Facts about Child Sexual Abuse, 2012 (1.0 Hour)**

**Caring for Kids who have been Sexually Abused Part 2: Child Sexual Development and Sexual Behavior Problems in Children, 2012 (1.0 Hour)**

**Caring for Kids who have been Sexually Abused Part 3: Coping with Emotional Stress of the Legal System, 2012 (1.0 Hour)**

**Caring for Kids who have been Sexually Abused Part 4: Understanding and Dealing with Acquaintance Rape, 2012 (1.0 Hour)**

**Parenting the Sexually Abused Child, Updated 2002 (1.0 Hour)**

**Promoting Healthy Sexuality after Sexual Abuse, 2009 (1.0 Hour)**

# *Adolescence*

## BOOKS:

### **Teaching Social Skills to Youth (2.0 Hours)**

*Dowd, Tom and Jeff Tierney. Boys Town Press, 1992. Selected Reading Questionnaire.*

### **Teenage Runaways: Broken Hearts and "Bad Attitudes" (2.0 Hours)**

*Schaffner, Laurie. The Haworth Press, Inc., 1999. Selected Reading Questionnaire.*

### **Ten Talks Parents Must Have with their Children About Sex and Character (3.0 Hours)**

*Schwartz Ph.D, Pepper. and Dominic Cappello. Hyperion Books., 2000. Selected Reading Questionnaire.*

### **The Hurried Child: Growing Up Too Fast Too Soon (2.0 Hours)**

*Elkind, David. Addison-Wesley Publishing Co., 1981. Selected Reading Questionnaire.*

### **Who's in the Mirror? Finding the Real Me: Problem-Solving Help for Teens Striving for Independence or Struggling with Responsibility (2.0 Hours)**

*Herron, Ron and Val J. Peter. Boys Town Press, 1998. Selected Reading Questionnaire.*

### **Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen (2.0 Hours)**

*Walsh Ph.D, David, Free Press, 2004. Selected Reading Questionnaire.*

### **Your Adolescent: Emotional, Behavioral and Cognitive Development from Early Adolescence through the Teen Years (3.0 Hours)**

*Pruitt, David, B., HarperCollins Publishers, 1999. Selected Reading Questionnaire.*

## COMPUTER DISK (CD-ROM):

### **Parenting Difficult Tweens and Teens (2 CD Set) (4.0 Hours)**

*Post, Bryan and Helene Timpone, CSW. Post Publications, 2010. Selected Audio Questionnaire.*

## COURSES:

### **Fostering Pregnant and Parenting Teens (3.0 Hours)**

*Keech, Tamera. ACRF, 2010. Questionnaire: 15 short answer, true/false and multiple choice questions.*

### **Fostering the Teenager (4.0 Hours)**

*McInnis, Aileen, Based on work of Carol Brice. ACRF, 1998. Questionnaire: 15 multiple choice, completion, and true/false questions.*

### **Residential Programs for Struggling Adolescents (2.0 Hours)**

*Post, Ruth. ACRF, 2015. Questionnaire: 13 multiple choice, completion, short answer, and true/false questions.*

### **Runaways (3.0 Hours)**

*McInnis, Aileen. ACRF, 1999. Questionnaire: 14 multiple choice, completion, and true/false questions.*

## DVDs:

### **Active Parenting of Teens: Drugs, Sexuality, and Violence Parts 1 and 2 (2.0 Hours)**

*Host: Michael H Popkin, Ph.D. Active Parenting Publishers, 2009. Questionnaire: 16 true/false, multiple choice, and short answer questions*

### **Adolescence and Other Temporary Mental Disorders (1.25 Hour)**

*Featuring Dr. Patrick C. Friman. Boys Town Press, 2010. Selected DVD Questionnaire.*

### **Mario's Gang; A Parent's Guide to Separating Teens from Gangs (1.0 Hour)**

*The Bureau for At-Risk Youth, 1995. Questionnaire: 12 true/false, multiple choice, and completion questions.*

### **Running Away (2.0 Hours)**

*Delaney, Richard. Northwest Media, Inc., 2005. Questionnaire: 14 multiple choice, completion, and true/false questions.*

### **Surviving Your Adolescents: How to Manage and Let Go of Your 13-18 Year Olds (2.25 Hour)**

*Phelan, Richard. ParentMagic, Inc., 2004. Selected DVD Questionnaire.*

### **Teens in Foster Care (2.0 Hours)**

*Child Welfare League of America, 1990. Questionnaire: 12 multiple choice and completion questions.*

### **Working with Teens (and Young Adults) Pregnant or Parenting (.5 Hour)**

*Featuring Jeanne Warren Lindsay, KidSafety of America., Selected DVD Questionnaire.*

## INFORMATION PACKET:

**Help Me to Succeed: A Guide for Supporting Youth in Foster Care to Prevent Teen Pregnancy, 2013 (1.0 Hour)**

# *Adoption*

## AUDIO:

### **Regina's Bag of Tricks: Hands-on techniques to help children understand the changes in their lives (2.0 Hours)**

*Regina Kupecky, adoptioncnds.com, von Ende Communications. Questionnaire 11 multiple choice and true/false questions.*

## BOOKS:

### **Adopting and Advocating for the Special Needs Child (2.0 Hours)**

*Babb, L. Ann and Rita Laws. Bergin & Garvey, 1997. Selected Reading Questionnaire.*

### **Adopting the Hurt Child: Hope for Families with Special Needs Kids (2.0 Hours)**

*Keck, Gregory C. and Regina M. Kupecky. Pinon Press, 1995. Selected Reading Questionnaire.*

### **Adopting the Older Child (2.0 Hours)**

*Jewett, Claudia L. Harvard Common Press, 1978. Selected Reading Questionnaire.*

### **Adoption and the Sexually Abused Child (2.0 Hours)**

*McNamara, Bernard H. and Joan. Human Services Development Institute, 1990. Selected Reading Questionnaire.*

### **Adoption is a Family Affair! What Relatives and Friends Must Know (2.0 Hours)**

*Irwin Johnston, Patricia. Jessica Kingsley Publishers, 2012. Selected Reading Questionnaire.*

### **Adoption Parenting: Creating a Toolbox, Building Connections (Birth through Pre-Adolescence) (3.0 Hours)**

*Edited by: MacLeod, Jean and Macrae, Sheena. EMK Press, 2006. Selected Reading Questionnaire.*

### **Are Those Kids Yours? Children Adopted from Other Countries (2.0 Hours)**

*Register, Cheri. Free Press, 1991. Selected Reading Questionnaire.*

### **Attaching in Adoption: Practical Tools for Today's Parents (5.0 Hours)**

*Gray, Deborah D. Perspectives Press, Inc., 2002. Questionnaire: 14 short answer, multiple choice and fill in the blank questions.*

### **Different and Wonderful: Raising Black Children in a Race Conscious Society (2.0 Hours)**

*Powell-Hopson, Dr. Darlene and Dr. Derek S. Hopson. Prentice Hall Press, 1990. Selected Reading Questionnaire.*

### **Forever Parents: Adopting Older Children (2.0 Hours)**

*Kloppel, James and Darlene. Adele Enterprises, 1995. Selected Reading Questionnaire.*

**How It Feels to be Adopted (2.0 Hours)**

*Karementz, Jill. Alfred A. Knopf, 1982. Selected Reading Questionnaire.*

**Inside Transracial Adoption (3.0 Hours)**

*Steinberg, Gail and Beth Hall. Perspectives Press, 2000. Selected Reading Questionnaire.*

**Intercountry Adoption from China: Cultural Heritage and Other Post-Adoption Issues (2.0 Hours)**

*Rojewski, Jay W. and Jacy L. Bergin & Garvey, 2001. Selected Reading Questionnaire.*

**Nurturing Adoptions: Creating Resilience after Neglect and Trauma (5.0 Hours)**

*Gray, Deborah D. Perspectives Press, Inc., 2007. Questionnaire: 15 multiple choice, true/false, short answer and fill in the blank questions.*

**Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys (2.0 Hours)**

*Keck, Gregory C., NavPress, 2009. Selected Reading Questionnaire.*

**Parenting the Hurt Child: Helping Adoptive Families Heal and Grow (Revised and Updated) (2.0 Hours)**

*Keck, Gregory C. and Regina M. Kupecky, NavPress, 2011. Selected Reading Questionnaire.*

**Parenting Your Adopted Child: A Complete and Loving Guide (2.0 Hours)**

*Siegel, Stephanie E. Prentice Hall Press, 1989. Selected Reading Questionnaire.*

**Questions Adoptees are Asking...About Beginnings...About Birth Family...About Searching...About Finding Peace (2.0 Hours)**

*Eldridge, Sherrie, NavPress, 2009. Selected Reading Questionnaire.*

**Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent (3.0 Hours)**

*Ruskai-Melina, Lois. HarperCollins Publishers, Inc. 1998. Selected Reading Questionnaire.*

**Real Parents, Real Children: Parenting the Adopted Child (2.0 Hours)**

*Van Gulden, Holly and Lisa Bartels-Rabb. The Crossroads Publishing Company, 1993. Selected Reading Questionnaire.*

**Secret Thoughts of an Adoptive Mother (2.0 Hours)**

*Wolff, Jana. Vista Communications, 1997. Selected Reading Questionnaire.*

**Talking with Young Children about Adoption (2.0 Hours)**

*Watkins, Mary. Yale University Press, 2000. Selected Reading Questionnaire.*

**Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past (4.0 Hours)**

*Keefer, Betsy and Jayne E. Schooler. Bergin & Garvey, 2000. Questionnaire: 10 multiple choice, short answer and fill in the blank questions.*

**The Connected Child: Bring Hope and Healing to Your Adoptive Family (for parents who have welcomed children from other countries and cultures, from troubled backgrounds and with special behavioral or emotional needs) (2 Hours)**

*Purvis, Karyn B., David R. Cross and Wendy Lyons Sunshine. McGraw Hill, 2007. Selected Reading Questionnaire.*

**Thicker Than Blood: Bonds of Fantasy and Reality in Adoption (2.0 Hours)**

*Akhtar, Salman and Selma Kramer. Jason Aronson, Inc., 2000. Selected Reading Questionnaire.*

**Toddler Adoption (2.0 Hours)**

*Hopkins-Best, Mary. Perspectives Press, 1997. Selected Reading Questionnaire.*

**Twenty Things Adopted Kids Wish Their Adoptive Parents Knew (2.0 Hours)**

*Eldridge, Sherrie. Dell Publishing, 1999. Selected Reading Questionnaire.*

**Welcoming a New Brother or Sister through Adoption (2.0 Hours)**

*James, Arleta. Jessica Kinsley Publishers, 2013. Selected Reading Questionnaire.*

**With Eyes Wide Open: A Workbook for Parents Adopting International Children (2.0 Hours)**

*Miller, Margi and Nancy Ward. Children's Home Society and Family Services, 2004. Selected Reading Questionnaire.*

**COMPUTER DISK (CD-ROM):**

**Adopting through the Office of Children's Services (2.0 Hours)**

*McInnis, Aileen. ACRF, 2013. Questionnaire: 10 multiple choice, true/false and fill in the blank questions.*

**COURSES:**

**Adoption & Disclosure: A Guide for Families Adopting from the Foster Care System in Alaska (1.0 Hour)**

*Ursel, Brenda. ACRF Revised 2016. Questionnaire: 8 short answer, multiple choice and true/false questions.*

**Adoption and Guardianship Preparation Training for Alaska's Resource Families (6.0 Hours)**

*Hayes, Deborah. ACRF, 2005. There are six units to this course and six different questionnaires which include true/false, multiple choice, fill-in and essay questions.*

**Changing Families: Understanding and Helping Children Manage Transitions (3.0 Hours)**

*Ursel, Brenda. ACRF, 2009. Questionnaire: 15 multiple choice, true/false and fill in the blank questions.*

**Parenting the Adopted Adolescent (2.0 Hours)**

*Keech, Tamara. ACRF, 2006. Questionnaire: 15 multiple choice, true/false and fill in the blank questions.*

**Paths to Adoption in Alaska (1.0 Hour)**

*Ursel, Brenda, ACRF, Rev. 2018. Questionnaire: 8 short answer, multiple choice, fill in the blank and true/false questions.*

**DVD:**

**A Family Album: Stories of Adoption (.5 Hour)**

*Fern Tiger Associates and Ideas in Motion, 1992. Selected DVD Questionnaire.*

**A Gift of Love: Adopting the Older Child (1.0 Hour)**

*Edmund S. Muskie Institute of Public Affairs. Selected DVD Questionnaire.*

**Assessing a Family's Ability to Adopt Transracially (.75 Hour)**

*Crumbley, Dr. Joseph. 1997. Selected DVD Questionnaire.*

**First Steps for Strengthening Adoptive Families: Tools and Techniques for Meeting the Needs of Your Adopted Child (8.0 Hours)**

*Family Attachment Counseling Center. 2006. Questionnaire: 5 short answer/essay type questions.*

**I Wonder: Teenagers Talk about Being Adopted (1.5 Hours)**

*Fahlberg, Vera. FAIR (Families Adopting in Response). 1995. Questionnaire: 5 essay questions.*

**Made in China: The Story of Adopted Children from China (.75 Hour)**

*Holiday Picture Ltd, 2000. Selected DVD Questionnaire.*

**Struggle for Identity: Issues in Transracial Adoption and A Conversation 10 Years Later (.75 hour)**

*PhotoSynthesis Productions, 2007. Selected DVD Questionnaire*

**Talking to your Child about Adoption (1.0 Hour)**

*Ursel, Brenda and Tammy Keech, ACRF, 2010. Questionnaire: 13 multiple choice, true/false, and short answer questions.*

**The Impact of Transracial Adoptions on the Adopted Child and the Adoptive Family (1.0 Hour)**

*Crumbley, Dr. Joseph. 1997. Selected DVD Questionnaire.*

**The Special Needs of Minority Children Adopted Transracially (1.0 Hour)**

*Crumbley, Dr. Joseph. 1997. Questionnaire: 7 multiple choice and true/false questions.*

**Understanding Adoption Subsidies through the State of Alaska (1.5 Hours)**

This DVD comes in a packet with two Information Packets: "Understanding Adoption Subsidies through the State of Alaska (1.0 Hour) and Adoption: The Value of Adoption Subsidies: Helping Children Find Permanent Families (1.0 Hour)

*Stadig, Gail, ACRF, 2012. DVD Questionnaire: 12 multiple choice, true/false, and short answer questions.*

**INFORMATION PACKETS:**

**Adopting as a Single Parent, 2015 (1.0 Hour)**

**Adopting the Traumatized Child, Updated 2002 (1.0 Hour)**

**Adoption in the Schools, 2003 (1.0 Hour)**

**Adoption Nutrition: A Starter Guide for Foster & Adoptive Parents, 2012**

**Adoption Services for Military Families, 2014 (1.0 Hour)**

**Adoption: Child Readiness in the School, 2006 (1.0 Hour)**

**Adoption: Foster Parent Adoption, 1999 (1.0 Hour)**

**Adoption: Grief and Loss: Stories from Families Adopting in Response Newsletter, 2005 (1.0 Hour)**

**Adoption: Ready or Not, Updated 2016 (1.0 Hour)**

**Adoption: Special Needs Adoption, 1999 (1.0 Hour)**

**Adoption: The Value of Subsidies: Helping Children Find Permanent Families, 2008 (1.0 Hour)**

**Court Hearing for the Permanent Placement of Children, 2015 (1.0 Hour)**

**Finding and Using Post-Adoption Services, 2015 (1.0 Hour)**

**Foster Parent Adoption, 2015 (1.0 Hour)**

**Impact of Adoption on Adopted Persons, 2013 (1.0 Hour)**

**Medical and Disclosure Issues in Adoption, 2010 (1.0 Hour)**

**Military Families and Adoption, Updated 2016 (1.0 Hour)**

**Obtaining Background Information on Your Prospective Adopted Child, 2015 (1.0 Hour)**

**Openness in Adoption: Building Relationships Between Adoptive and Birth Families, 2015**

**Renegotiating Subsidies: Quick Answers to Common Questions, 2009 (1.0 Hour)**

**Surviving Adoption Challenges, 2009 (1.0 Hour)**

**Talking to Children about Adoption, 2010 (1.0 Hour)**

**Tax Credits and Adoption, Updated 2015 (1.0 Hour)**

**Understanding Adoption Subsidies through the State of Alaska, 2012 (1.0 Hour)**

**Understanding the Home Study Process, (Spanish Version Available) Updated 2016 (1.0 Hour)**

**What is Foster Parenting and Adoption, (Spanish Version Available) Updated 2016 (1.0 Hour)**

# Alcohol: FASD Topics

## BOOKS:

### **A Layman's Guide to Fetal Alcohol Syndrome and Possible Fetal Alcohol Effects (1.0 Hour)**

*The FAS/E Support Network of B.C., 1995. Selected Reading Questionnaire.*

### **Educating Children & Young People with FASD: Constructing Personalized Pathways to Learning (1.0 Hour)**

*Blackburn, Carolyn, Carpenter, Barry and Egerton, Jo. Routledge, 2012. Selected Reading Questionnaire*

### **Fantastic Antone Succeeds: Experiences in Educating Children with FAS (6.0 Hours)**

*Kleinfeld, Judith and Siobhan Wescott. University of Alaska Press, 1993. Questionnaire: 12 multiple choice, completion, true/false and essay questions.*

### **Fantastic Antone Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome (4.0 Hours)**

*Kleinfeld, Judith, Barbara Morse, and Siobhan Wescott. University of Alaska Press, 2000. Questionnaire: 4 short answer and essay questions.*

### **Journey through the Healing Circle Series (1.0 Hour Each) also available in CD-Rom format**

*LaDue, Robin and Carolyn Hartness. Washington State Department of Social & Health Services, 2000. Four separate questionnaires: each includes true/false, multiple choice and completion questions.*

The Little Fox: Birth to 5 Years Old

The Little Mask: 6 to 11 Years Old

Sees No Danger/Wanders Afar: 12 to 17 Years Old

Travels in Circles: 18 to 22 Years Old

### **Parenting Children Affected by Fetal Alcohol Syndrome: A Guide for Daily Living (3.0 Hours)**

*Graefe, Sara. Society of Special Needs Adoptive Parents, 1998. Questionnaire: 8 true/false, multiple choice and short answers questions.*

### **Speaking and Learning the FASD Way (1.0 Hour)**

*McAndrew, Carol, Red Lead Press, 2006. Selected Reading Questionnaire.*

### **The Long Way to Simple: Fetal Alcohol Spectrum Disorder (1.0 Hour)**

*Neafcy, Stephen J. Better Endings New Beginnings, 2008. Selected Reading Questionnaire.*

### **TIP 58: Addressing Fetal Alcohol Spectrum Disorders: A Treatment Improvement Protocol (2.0 Hours)**

*Substance Abuse and Mental Health Services Administration (SAMHSA), 2013. Selected Reading Questionnaire.*

### **Trying Differently: A Guide for Daily Living and Working with FASDs and Other Brain Differences (1.0 Hour)**

*Edited by Debbie Trudeau, Fetal Alcohol Syndrome Society Yukon, 2005. Selected Reading Questionnaire.*

### **Trying Differently Rather Than Harder, Second Edition (1.0 Hour)**

*Malbin, Diane. Oregon Department of Human Services, 2002. Selected Reading Questionnaire*

### **Understanding FASD: A Guide to FASD for Parents, Careers and Professionals (1.0 Hour)**

*Catterick, Maria and Curran, Liam. Jessica Kingsley Publishers, 2014. Selected Reading Questionnaire.*

## COURSES:

### **Adolescents with Fetal Alcohol Spectrum Disorder (4.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 12 true/false, multiple choice, completion, definitions, and essay questions.*

### **FAS/FAE: A Practical Guide for Parents (2.0 Hours)**

*Slinn, Jim, 1994. Questionnaire: 12 true/false, multiple choice and completion questions.*

### **FASD Tips for Parents and Caregivers (2.0 Hours)**

*FASD Support Network of Saskatchewan, 2009. Questionnaire: 4 short answer questions.*

### **Fetal Alcohol Spectrum Disorder: Preschool and Elementary Educational Issues (4.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 18 true/false, multiple choice and short answer questions.*

### **Fetal Alcohol Spectrum Disorder: An Introduction for Foster Parents (3.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 15 true/false, multiple choice, and short answer questions.*

### **Fetal Alcohol Spectrum Disorder: Caring for Children with FASD (5.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 15 true/false, multiple choice and short answer questions.*

## DVD:

### **8 Magic Key Strategies for Students with Fetal Alcohol Spectrum Disorders (.5 Hour)**

*National Organization of Fetal Alcohol Syndrome, Selected DVD Questionnaire*

### **David with Fetal Alcohol Syndrome (1.5 Hours)**

*Films for the Humanities & Sciences, 1996. Questionnaire: 15 true/false, multiple choice and completion questions.*

### **In Our Own Words: Children and Adults Living with an FASD (1.0 Hour)**

*National Organization of Fetal Alcohol Syndrome, 2015. Selected DVD Questionnaire*

### **Moment to Moment: Teens Growing Up with FASDs (1.0 Hour)**

*NtiUpstream.com, 2014. Selected DVD Questionnaire.*

**Students Like Me: Teaching Children with Fetal Alcohol Syndrome (.75 Hour)**

*Vida Health Communications, 2000. Selected DVD Questionnaire.*

**The Final Score: Winning Against FAS (1.0 Hour)**

*Rural Cap, 2002. Questionnaire: 11 true/false, multiple choice and fill in the blank questions.*

**Journey Through the Healing Circle: Fetal Alcohol Syndrome Birth-22 years old (4.0 Hours)**

*LaDue, Robin and Carolyn Hartness. Washington State Department of Social & Health Services, 2000. Questionnaire includes 39 true/false, multiple choice and completion questions.*

**INFORMATION PACKETS:**

**Fetal Alcohol Spectrum Disorders: Educational Strategies, Updated 2002 (1.0 Hour)**

**Helping Siblings Understand Fetal Alcohol Spectrum Disorders, 2010 (1.0 Hour)**

## *Attention Deficit Hyperactivity Disorder*

**BOOKS:**

**ADHD in the Young Child: Driven to Redirection (2.0 Hours)**

*Reimers, Cathy and Bruce Brunger. Specialty Press, Inc., 1999. Selected Reading Questionnaire.*

**Delivered from Distraction: Getting the Most Out of Life with ADD (3.0 Hours)**

*Hallowell, Edward M. and Ratey, John J., Ballantine Books, 2005. Selected Reading Questionnaire*

**Driven to Distraction: Recognizing and Coping with ADD from Childhood through Adulthood (2.0 Hours)**

*Hallowell, Edward M. and Ratey, John J., A Touchstone Book, 1994. Selected Reading Questionnaire*

**How to Reach and Teach Children with ADD/ADHD: Practical Techniques, Strategies and Interventions, Second Edition (3.0 Hours)**

*Rief, Sandra F. Jossey-Bass., 2005. Selected Reading Questionnaire.*

**Keys to Parenting a Child with Attention Deficit Disorder (2.0 Hours)**

*McNamara, Barry and Francine. Barron's Educational Series, Inc., 1993. Selected Reading Questionnaire.*

**Survival Strategies for Parenting Your ADD Child (2.0 Hours)**

*Lynn, George T. Underwood Books, 1996. Selected Reading Questionnaire.*

**Taking Charge of ADHD: The Complete, Authoritative Guide for Parents (2.0 Hours)**

*Barkley, Russell A. The Guilford Press, 1995. Selected Reading Questionnaire.*

**Teenagers with ADD and ADHD: A Guide for Parents and Professionals (3.0 Hours)**

*Zeigler-Dendy, Chris A. M.S. Woodbine House, 2006. Selected Reading Questionnaire.*

**Understanding Girls with AD/HD (2.0 Hours)**

*Nadeau, Kathleen G., Ellen B. Littman, and Patricia O Quinn. Advantage Books, 1999. Selected Reading Questionnaire.*

**COURSE:**

**Focusing on ADHD: A Guide for Foster Parents (3.0 Hours)**

*McInnis, Aileen. ACRF, 2001. Questionnaire: 13 completion, multiple choice and true/false questions.*

**DVD:**

**ADHD, ADD and ODD (2.0 Hours)**

*Foster Parent College, Northwest Media, Inc. 2006. Questionnaire: 10 short essay and completion questions.*

**Trouble In Mind: Attention Deficit Disorder (1.0 Hour)**

*Jackson, Kate. Unapix Home Entertainment, 1999. Questionnaire: 10 true/false, multiple choice and completion questions.*

**Why Won't My Child Pay Attention? (2.5 Hours)**

*Goldstein, Dr. Sam. Neurology Center, 1989. Questionnaire: 14 multiple choice, true/false, and completion questions.*

**INFORMATION PACKETS:**

**ADHD and Teens, Updated 2008 (1.0 Hour)**

**Attention-Deficit Disorder, 1990 (1.0 Hour)**

**Teaching a Student with Attention Deficit Disorder, (Spanish Version Available) 1997 (1.0 Hour)**

**What is Attention Deficit Disorder? (Spanish Version Available) 2003 (1.0 Hour)**

# Communication

## BOOKS:

### **Alaska Native Cultures and Issues: Responses to Frequently Asked Questions (2.0 Hours)**

Roderick, Libby. University of Alaska Press, 2010. Selected Reading Questionnaire.

### **Growing Up Native in Alaska (3.0 Hours)**

McClanahan, Alexandra J. The CIRI Foundation, 2000. Selected Reading Questionnaire.

### **How to Talk so Kids will Listen and Listen so Kids will Talk (2.0 Hours)**

Faber, Adele and Elaine Mazlish. Avon Books, 1980. Selected Reading Questionnaire.

### **How to Talk so Teens will Listen and Listen so Teens will Talk (2.0 Hours)**

Faber, Adele and Elaine Mazlish. HarperCollins Publishers, 2006. Selected Reading Questionnaire.

## COURSES:

### **Communicating Clearly: Skills for Foster Parents (2.0 Hours)**

McInnis, Aileen. ACRF, 1996. Questionnaire: 12 multiple choice, completion, and true/false and essay questions.

### **Communicating With Your Teen (2.0 Hours)**

McInnis, Aileen, Based on the Telephonic Rural Support Groups hosted by Janna Smith. ACRF, 2006. Questionnaire: 10 completion, true/false and essay questions.

## DVD:

### **All My Relations: Impacts of ICWA on Foster Parenting (1.0 Hour)**

Department of Social & Health Services Washington, 2009. Questionnaire: 10 true/false, short answer, completion and multiple choice questions.

### **Culturally Competent Parenting (2.0 Hours)**

Northwest Media, 2009. Questionnaire: 10 true/false, short answer and multiple choice questions.

### **Culturally Competent Parenting (2.0 Hours)**

Northwest Media, 2009. Questionnaire: 10 true/false, short answer and multiple choice questions.

### **Keeping It Real: Supporting the Needs of African American Children in Out of Home Care (2.0 Hours)**

DHSS Resource Family Training Center, Washington, 2009. Questionnaire: Part 1: 4 short essay questions/Part 2: 2 short essay questions.

### **Knowing Who You Are: Helping Youth in Care Develop Their Racial and Ethnic Identity (.5 Hour)**

Casey Family Programs, 2005. Selected DVD Questionnaire.

### **Successful Parenting: Communication is Crucial (.5 Hour)**

Featuring Barbara-Lynn Taylor, M.Ed., Active Parenting Publishers, 1999. Selected DVD Questionnaire.

## INFORMATION PACKET:

Building Communication and Social Interactions in Children - Alaska IN Project, 2000 (2.0 Hours)

Effective Communication with Your Social Worker or Case Manager, 2016 (1.0 Hour)

# Culture & Heritage

## BOOKS:

### **A Common Sense Guide to Culture and Foster Care: A Handbook for Foster Families (1.0 Hour)**

Crow, Gary and Letha. American Foster Care Resources, Inc. 1994. Selected Reading Questionnaire.

### **Alaska Native Cultures and Issues: Responses to Frequently Asked Questions (10 Hour)**

Edited by Libby Roderick. University of Alaska Press, Fairbanks. 2010. Selected Reading Questionnaire.

### **Growing Up Native in Alaska (3.0 Hours)**

McClanahan, Alexandra J. The CIRI Foundation, 2000. Questionnaire: 7 short answer and multiple choice questions.

### **Raising Black Children (3.0 Hours)**

Comer, James P. and Alvin F. Poussaint. Penguin Group, 1992. Selected Reading Questionnaire.

### **Making Cultural Connections: Hair and Skin Care for Children of African Descent (1.0 Hour)**

Costa, Jeanne M. CWLA Press, 2003. Selected Reading Questionnaire.

## COURSES:

### **Cross Cultural Child Care: A Guide for Foster Parents (1.0 Hour)**

Conte, Michele M. University of Oregon, 1996. Questionnaire: 12 multiple choice questions.

### **How Foster and Adoptive Parents Can Work with Tribes (2.0 Hours)**

Hayes, Deborah. ACRF, Revised 2006. Questionnaire: 6 short answer and fill-in the blank questions.

### **The Importance of Culture and Maintaining Connections for Alaskan Native Children (2.0 Hours)**

Hayes, Deborah. ACRF, Revised 2004. Questionnaire: 7 short answer, true/false, and multiple choice questions.

**Understanding the Effects of Childhood Trauma on Brain Development in Native Children (2.0 Hours)**

Wasserman, Eidell. *Victims of Crime*, 2005. Questionnaire: 12 true/false, multiple choice and completion questions.

DVDs:

**All My Relations: Impact of ICWA on Foster Parenting (1.0 Hour)**

Washington Department of Health and Social Services, Children's Administration, 2009. Questionnaire: 10 true/false, completion, multiple choice and short answer questions.

**Culturally Competent Parenting (1.0 Hour)**

Northwest Media, 2009. Questionnaire: 10 short answer, true/false, multiple choice, matching and fill-in the blank questions.

**For the Rights of All: Ending Jim Crow in Alaska (2.0 Hours)**

VisionMaker Video, 2009. Questionnaire: 14 true/false, short answer and multiple choice questions.

**Keeping It Real/Hair Care for Girls and Boys (Up to 2.0 Hours)**

Washington Department of Health and Social Services, Children's Administration, 2009. Questionnaire: Part 1: 4 short essay questions/Part 2: 2 short essay questions.

**Knowing Who You Are: Helping Youth in Care Develop Their Racial and Ethnic Identity (1.0 Hour)**

Casey Family Programs, 2005. Selected DVD Questionnaire.

**Understanding the Indian Child Welfare Act (1.0 Hour)**

Cook Inlet Tribal Council. Questionnaire: 12 true/false, multiple choice and completion questions.

INFORMATION PACKETS:

Alaska Native Values, *Revised 2016* (1.0 Hour)

Hawaiian, Filipino and Samoan Cultures, *2001* (1.0 Hour)

Keeping Native Children Connected to Their Culture, *Updated 2002* (1.0 Hour)

Making Cultural Connections: Hair, Skin and Diet for Children of Color, *1997* (1.0 Hour)

The Indian Child Welfare Act, *Updated 2016* (1.0 Hour)

## *Tlingit & Haida Video Series:*

**Family Feathers Video Series: A Video Primer from Parents, Professionals and Elders to Support You in Better Understanding and Guiding Your Preschool Child  (1.0 Hour Each)**

Produced by Central Council Tlingit & Haida Indian Tribes of Alaska, 1998-2000. Selected DVD Questionnaire.

Creative Development

Nutrition

Culture and Heritage

Physical and Dental Health

Family

Preschool and Early Childhood Education

Fostering Leadership

Social Development

Guidance and Discipline

Special Needs

Home and Community Safety

Stressful Times

Juggling It All

The Natural Classroom

Literacy

Using Well What is at Hand: Subsistence

Math, Science and Language Development

Living

Multigenerational Grief

**Parent's Journal Video Series: A Video Primer from Parents, Professionals and Elders to Support You in Better Understanding and Guiding Your Preschool Child  (1.0 Hour Each)**

Produced by Central Council Tlingit & Haida Indian Tribes of Alaska, 1997-2000. Selected DVD Questionnaire.

A Friendship with Head Start

Language, Literacy and Culture

Breastfeeding is the Best

Pregnancy and Childbirth

Childbirth and Newborn Care

Preventing and Prevailing: The Challenge of FAS

Childcare for Babies and Toddlers

Seeds of Respect: Guidance and Discipline

Creativity: Every Child's Gift

Teenage Parenting

Every Child is Special

Toddler Care

It All Begins with the Brain

Toddler Development

It Takes Two – The Importance of Father

Involvement

# Development

## BOOKS:

### **Born For Love: Why Empathy is Essential and Endangered (2.0 Hours)**

Szalavitz, Maia and Bruce D. Perry, William Morrow, An Imprint of HarperCollins Publishers, 2010. Selected Reading Questionnaire.

### **Pink Brain Blue Brain: How Small Differences Grow into Troublesome Gaps and What Can We Do About It (2.0 Hours)**

Eliot, Lise, Ph.D., Houghton Mifflin Harcourt, 2009. Selected Reading Questionnaire.

### **The First Twelve Months of Life (2.0 Hours)**

Caplan, Frank. Perigee Books, 1971. Selected Reading Questionnaire.

### **The Magic Years (2.0 Hours)**

Fraiberg, Selma. Scribner, 1996. Selected Reading Questionnaire.

### **The Second Twelve Months of Life (3.0 Hours)**

Caplan, Frank and Theresa. Perigee Books, 1977. Selected Reading Questionnaire.

### **The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (2.0 Hours)**

Siegel, Daniel J. M.D., and Tina Payne Bryson, Ph.D., Bantam Books, 2012. Selected Reading Questionnaire.

### **What Every Baby Knows (2.0 Hours)**

Brazelton, T. Berry. Addison-Wesley Publishing Company, 1987. Selected Reading Questionnaire.

## COURSES:

### **Infancy: A Survey of Development (3.0 Hours)**

McInnis, Aileen. ACRF, Revised 2003. Questionnaire: 20 multiple choice questions.

### **The Young Child in Foster Care: Developmental Issues (4.0 Hours)**

McInnis, Aileen. ACRF, 1998. Questionnaire: 22 true/false, multiple choice, and completion questions.

### **Understanding Children's Sexual Behaviors (2.0 Hours)**

Cavanagh-Johnson, Toni. The Family Violence and Sexual Assault Institute, 2004. Questionnaire: 12 true/false, multiple choice, and completion questions.

## DVD:

### **Healthy Touch (1.0 Hour)**

TCU Institute of Child Development, 2008. Selected DVD Questionnaire.

### **Playful Interaction: Unlocking the Mysteries of Nurturing Human Relationships (2.25 Hours)**

TCU Institute of Child Development, 2009. Selected DVD Questionnaire.

### **The New Science of Learning Brain Fitness for Kids: Uncovering the Brain's Potential for Learning (1.75 Hours)**

Hosted by Peter Coyote. PBS, 2009. Selected DVD Questionnaire.

### **The Secret Life of the Brain Series (2.0 Hours Each)**

A PBS Home Video, Thirteen/WNET New York, 2001.

The Baby's Brain: Wider Than the Sky - Questionnaire: 11 multiple choice, true/false and fill-in questions

The Child's Brain: Syllable From Sound - Questionnaire: 13 multiple choice, true/false and fill-in questions

The Teenage Brain: A World of Their Own - Questionnaire: 13 multiple choice, true/false and fill-in questions

The Adult Brain: To Think by Feeling - Questionnaire: 13 multiple choice, true/false and fill-in questions

The Aging Brain: Through Many Lives - Questionnaire: 13 multiple choice, true/false and fill-in questions

## INFORMATION PACKETS:

**Best Beginnings: Early Learning Activities for Infants and Toddlers Ages Birth-36 Months, (Spanish & Yupik Version Available) 2009 (2.0 Hours)**

**Best Beginnings: Early Learning Activities for Preschoolers Ages 36-60 Months, (Spanish & Yupik Version Available) 2009 (2.0 Hours)**

**Bright Futures Developmental Series 1: Social and Emotional Development in Infancy - Birth to 12 months, (Spanish Version Available) 2006 (1.0 Hour)**

**Bright Futures Developmental Series 2: Social and Emotional Development in Early Childhood - Ages 1 to 4, (Spanish Version Available) 2006 (1.0 Hour)**

Bright Futures Developmental Series 3: Social and Emotional Development in Middle Childhood - Ages 5 to 10, (Spanish Version Available) 2006 (1.0 Hour)

Bright Futures Developmental Series 4: Social and Emotional Development in Adolescence - Ages 11 to 21, (Spanish Version Available) 2006 (1.0 Hour)

Child Development, Milestones, Assessment, Identification and Referral - Alaska IN Project, Revised 2007 (2.0 Hours)

Normal Adolescent Development, (Spanish Version Available) Updated 2016 (1.0 Hour)

## Difficult Behaviors

### AUDIO:

#### Surviving Adolescence: A Workshop for Parents Raising Challenging Teens (1.0 Hour)

McCreight, Brenda. Adoptioncds.com, von Ende Communications, 2011. Questionnaire: 16 true/false and multiple choice questions.

### BOOKS:

#### Achieving Success with Impossible Children: How to Win the Battle of Wills (2.0 Hours)

Ziegler, Ph.D. Dave. Acacia Publishing, Inc. 2005. Selected Reading Questionnaire.

#### Before It's Too Late: Why Some Kids Get Into Trouble and What Parents Can Do About It (2.0 Hours)

Samenow, Ph.d, Stanton E. Times Books. 1989. Selected Reading Questionnaire.

#### Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors (2.0 Hours)

Forbes, Heather T. and B. Bryan Post. Beyond Consequences Institute. 2006. Selected Reading Questionnaire.

#### Can This Child Be Saved? Solutions for Adoptive and Foster Families (2.0 Hours)

Cline, Foster W. and Cathy Holding. World Enterprises, 1999. Selected Reading Questionnaire.

#### Challenging Behaviors in Young Children: Understanding, Preventing and Responding Effectively (6.0 Hours)

Kaiser, Barbara and Judy Sklar Raminsky. Pearson Education, Inc, 2007. Questionnaire: 22 short answer, true/false, multiple choice and fill-in the blank questions.

#### Dare to Love: The Art of Merging Science and Love Into Parenting Children with Difficult Behavior (2.0 Hours)

Forbes, Heather T., Beyond Consequences Institute, 2009. Selected Reading Questionnaire.

#### Getting to Dry: How to Help Your Child Overcome Bedwetting (2.0 Hours)

Maisels, Max, Diane Rosenbaum and Barbara Keating. Harvard Common Press, 1999. Selected Reading Questionnaire.

#### How to Handle a Hard-to-Handle Kid: Understanding and Changing Problem Behaviors (2.0 Hours)

Edwards, C. Drew. Free Spirit Press, 1999. Selected Reading Questionnaire.

#### If My Kid's So Nice Why's He Driving Me Crazy? The Oppositional & Defiant Child (2.0 Hours)

Sutton, Dr James D. Friendly Oaks Publications, 1997. Selected Reading Questionnaire.

#### Is It Just a Phase? How to Tell Common Childhood Phases From More Serious Problems (2.0 Hours)

Anderson-Swedo, Dr. Susan and Dr. Henrietta L. Leonard. Broadway Books, 1998. Selected Reading Questionnaire.

#### No More Bedwetting: How to Help Your Child Stay Dry (2.0 Hours)

Arnold, Samuel J. John Wiley & Sons, Inc. 1997. Selected Reading Questionnaire.

#### No Such Thing as a Bad Kid: Understanding and Responding to the Challenging Behavior of Troubled Children and Youth (2.0 Hours)

Appelstein, MSW, Charles D. Gifford School. 1998. Selected Reading Questionnaire.

#### Parenting Your Out-of-Control Child: An Effective, Easy-to-Use Program for Teaching Self-Control (2.0 Hours)

Kapalka, George M. Ph.D. New Harbinger Publications, Inc. 2007. Selected Reading Questionnaire.

#### Raising Children who Refuse to Be Raised: Parenting Skills and Therapy Interventions for the Most Difficult Children (2.0 Hours)

Ziegler, Ph.D. Dave. Acacia Publishing, Inc. 2000. Selected Reading Questionnaire.

#### The Answer is NO: Saying it and Sticking to It (2.0 Hours)

Witham, MSW, Cynthia. Perspective Publishing, 1994. Selected Reading Questionnaire.

#### The Challenging Child: The 5 Difficult Types of Children (2.0 Hours)

Greenspan, Stanley. Perseus Books, 1995. Selected Reading Questionnaire.

#### Why Kids Lie: How Parents Can Encourage Truthfulness (2.0 Hours)

Ekman, Paul. Penguin Group, 1989. Selected Reading Questionnaire.

#### Working with Aggressive Youth (3 Hours)

Father Flanagan's Boys' Home, Boys Town Press. 1989. Questionnaire: 15 true/false, multiple choice and completion questions.

#### Working with OVERactive Children (2.0 Hours)

Sweeney, Rob. American Foster Care Resources, Inc., 1980. Questionnaire: 14 multiple choice and completion questions.

#### Your Defiant Teen: 10 Steps to Resolve Conflict and Rebuild Your Relationship (4.0 Hours)

Barkley, Russell A. PhD and Arthur L. Robin, PhD., The Guilford Press, 2008. Questionnaire: 18 true/false, multiple choice, short answer and fill in the blank questions.

## COURSES:

### **Animal Cruelty and Children (3.0 Hours)**

McInnis, Aileen. ACRF, 2000. Questionnaire: 15 multiple choice, true/false and completion questions.

### **Caring for the Aggressive Child in Foster Care (4.0 Hours)**

McInnis, Aileen. ACRF, 1998. Questionnaire: 12 true/false, multiple choice, and completion questions.

### **Dealing with Lying and Stealing: Looking at Dishonest Behavior (3.0 Hours)**

McInnis, Aileen. ACRF, 1999. Questionnaire: 13 multiple choice, true/false and completion questions.

### **Understanding and Dealing with Temper Tantrums (2.0 Hours)**

McInnis, Aileen. ACRF, Revised 9/06. Questionnaire: 12 true/false, multiple choice, essay and completion questions.

## DVDS:

### **Calamity Jamie: A Parent's Guide to Coping with Defiant Teens (1.0 Hour)**

The Bureau for At-Risk Youth, 1995. Questionnaire: 12 true/false, multiple choice and completion questions.

### **Empowering, Connecting & Correcting Principles: Healing Children through Trust & Relationships (2.0 Hours)**

TCU Institute of Child Development, 2010. Selected DVD Questionnaire.

### **Facilitating Behavioral Change (1.5 Hours)**

TCU Institute of Child Development, 2010. Selected DVD Questionnaire.

### **Fire-Setting (.25 Hour)**

Foster Parent College, Northwest Media, Inc. 2003. Selected DVD Questionnaire.

### **Handling Anger, Temper Tantrums and Sibling Rivalry Effectively (1.0 Hour)**

Building Blocks for Successful Parenting, The Bureau for At-Risk Youth, 1996. Questionnaire: 6 short answer, multiple choice and true/false questions.

### **Helping Your Children to Stay Out of Trouble (Up to 2.5 Hours with Extra Credit)**

Comprehensive Health Ed. Fdn., 1986. Questionnaire: 6 multiple choice, completion and 4 extra credit questions.

### **Lying (2.0 Hours)**

Foster Parent College, Northwest Media, Inc. 2003. Questionnaire: 10 multiple choice, true/false and completion questions.

### **No I Won't! And You Can't Make Me! (1.0 Hour)**

Father Flanagan's Boys' Home, 1987. Questionnaire: 10 multiple choice, true/false and completion questions.

### **Off Road Parenting: Solutions for Difficult Behavior (Spanish Version Available) (1.0 Hour)**

Pacifici, Caesar, Patricia Chamberlain, and Lee White. Questionnaire: 8 true/false and completion questions.

### **Parenting the Explosive Child (4.0 Hours)**

Featuring Ross. W. Green and J. Stuart Ablon, Center for Collaborative Problem Solving, 2004. Questionnaire: 17 short answer, multiple choice, and true/false questions.

### **Sleep Problems (2.0 Hours)**

Foster Parent College, Northwest Media, Inc. 2006. Questionnaire: 10 true/false and completion questions.

### **Stealing (2.0 Hours)**

Foster Parent College, Northwest Media, Inc. 2003. Questionnaire: 11 multiple choice, true/false and completion questions.

### **Wetting and Soiling (2.0 Hours)**

Foster Parent College, Northwest Media, Inc. 2003. Questionnaire: 11 multiple choice and true/false questions.

### **Working with the Hostile Teen (2.0 Hours)**

Attainment Company, Inc., 1993. Questionnaire: 15 multiple choice and true/false questions.

### **Working with the Resistant Teen (2.0 Hours)**

Attainment Company, Inc., 1993. Questionnaire: 12 multiple choice and true/false questions.

## INFORMATION PACKETS:

Children without Friends, 1999 (1.0 Hour)

Fears in Children, 2002 (1.0 Hour)

Fire Setting, 2002 (1.0 Hour)

# *Discipline/Parenting*

## BOOKS:

### **Am I in Trouble: Using Discipline to Teach Young Children Responsibility (2.0 Hours)**

Curwin, Richard, Network Publications, 1990. Selected Reading Questionnaire.

**Discipline Without Distress: 135 Tools for Raising Caring, Responsible Children Without Time-Out, Spanking, Punishment, or Bribery (3.0 Hours)**

*Arnall, Judy, Professional Parenting Canada, 2010. Selected Reading Questionnaire.*

**Generation Text: Raising Well-Adjusted Kids in an Age of Instant Everything (2.0 Hours)**

*Osit, Dr. Michael, American Management Association, 2008. Selected Reading Questionnaire.*

**Helping Kids Succeed – Alaskan Style (2.0 Hours)**

*Written by and for Alaskans, Search Institutes Developmental Assets Framework, 1998. Selected Reading Questionnaire.*

**Helping Little Kids Succeed – Alaskan Style (2.0 Hours)**

*Written by and for Alaskans, Alaska Initiative for Community Engagement, 2003. Selected Reading Questionnaire.*

**How Children Succeed: Grit Curiosity and the Hidden Power of Character (2.0 Hours)**

*Tough, Paul, Mariner Books, 2012. Selected Reading Questionnaire.*

**How to Hug a Porcupine: Negotiating the Prickly Points of the Tween Years (2.0 Hours)**

*Ross, Julie A. McGraw-Hill Books, 2008. Selected Reading Questionnaire.*

**I Never Get Anything! How to Keep Your Kids from Running Your Life (2.0 Hours)**

*Phelan, Thomas W. Ph.D., Child Management, Inc., 2001. Selected Reading Questionnaire.*

**Keys to Effective Discipline Handbook: A Guide to Managing Difficult Behavior (2.0 Hours)**

*Kilpatrick, David. Casey and Kirsch Publishers, 1992. Selected Reading Questionnaire.*

**No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (2.0 Hours)** Siegel, Daniel J and Tina Payne Bryson. Bantam Books. 2009. Selected Reading Questionnaire

**Parenting from the Heights: Take the High Road Get Results (2.0 Hours)**

*Wiggins, Anne and Linda Williams. Heights Publishing, 2009. Selected Reading Questionnaire.*

**Parenting from the Inside Out (2.0 Hours)**

*Siegel, Daniel J. M.D. and Mary Hartzell, M.Ed.. Penguin Group, 2003. Selected Reading Questionnaire*

**Parenting Teens with Love and Logic: Preparing Adolescents for Responsible Adulthood Updated and Expanded Edition (2.0 Hours)**

*Cline, M.D., Foster and Jim Fay. Pinon Press, (Updated and Expanded 2006). Selected Reading Questionnaire*

**Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems (2.0 Hours)**

*Nelson, Jane. Prima Publishing, 1993. Selected Reading Questionnaire.*

**Positive Discipline for Preschoolers (3.0 Hours)**

*Nelson, Jane. Prima Publishing, 1995. Selected Reading Questionnaire.*

**Positive Discipline for Teenagers: Empowering Your Teens and Yourself Through Kind and Firm Parenting Revised 2<sup>nd</sup> Edition(2.0 Hours)**

*Nelson, Jane and Lynn Lott. Three Rivers Press, 2000. Selected Reading Questionnaire.*

**Raising Our Children, Raising Ourselves: Transforming Parent-Child Relationships from Reaction and Struggle to Freedom, Power and Joy (2.0 Hours)**

*Aldort Naomi, Book Publishers Network, 2005. Selected Reading Questionnaire.*

**The Discipline Book: How to Have a Better-Behaved Child from Birth to Age Ten (2.0 Hours)**

*Sears, William and Martha Sears. Little, Brown and Co., 1995. Selected Reading Questionnaire.*

**The Discipline Gradient: Choosing the Right Discipline for Your Child's Age and Personality (2.0 Hours)**

*Thierman, Susan. Spruce Mountain Press, 1999. Selected Reading Questionnaire.*

**When Setting Limits Hasn't Worked (1.0 Hour)**

*Hodge, Jane. American Foster Care Resources, Inc., 1996. Selected Reading Questionnaire.*

## COURSES:

**Creative Parenting Strategies for Traumatized Children (5.0 Hours)**

*Ursel, Brenda and Tamara Keech. ACRF, 2009. Questionnaire: 17 multiple choice, true/false and short answer questions.*

**Discipline in Foster Care: Techniques for Parents (4.0 Hours)**

*McInnis, Aileen. Based on work of Carol Brice. ACRF, Revised 2003. Questionnaire: 18 true/false, multiple choice and completion questions.*

**Positive Parenting for Foster Parents (2.0 Hours)**

*McInnis, Aileen. ACRF, 2002. Questionnaire: 10 multiple choice, true/false, short answer and completion questions.*

**The Internet: What Parents Need to Know (2.5 Hours)**

*Keech, Tamara. ACRF, 2006, Updated 2014 by Olivia Shears. Questionnaire: 14 multiple choice, true/false, short answer and completion questions.*

## DVDs:

**1-2-3 Magic: Managing Difficult Behavior in Children 2-12  (4.0 Hours)**

*Phelan, Thomas W. Ph.D. Foster Parent College, Northwest Media, Inc. 2004. Also available in VCR format. Questionnaire: 13 multiple choice, true/false, short answer and matching questions.*

**A Change for the Better: Teaching Correct Behavior (1.0 Hour)**

*Father Flanagan's Boy's Home, 1989. Questionnaire: 10 true/false, multiple choice and completion questions.*

**Active Parenting of Teens Video 1: The Active Parent (1.0 Hour)**

Popkin, Michael H. *Active Parenting Publishers, 2009. Questionnaire: 10 true/false, multiple choice, short answer and fill-in questions.*

**Active Parenting of Teens Video 2: Winning Cooperation (1.0 Hour)**

Popkin, Michael H. *Active Parenting Publishers, 2009. Questionnaire: 9 true/false, multiple choice, short answer and fill-in questions.*

**Active Parenting of Teens Video 3: Responsibility and Discipline (1.5 Hours)**

Popkin, Michael H. *Active Parenting Publishers, 2009. Questionnaire: 12 true/false, multiple choice, short answer and fill-in questions.*

**Active Parenting of Teens Video 4: Building Courage, Redirecting Misbehavior (1.0 Hour)**

Popkin, Michael H. *Active Parenting Publishers, 2009. Questionnaire: 12 true/false, multiple choice, short answer and fill-in questions.*

**Active Parenting of Teens Video Set 5/6: Drugs, Sexuality, and Violence (Parts 1 & 2) (2.0 Hours)**

Popkin, Michael H. *Active Parenting Publishers, 2009. Questionnaire: 16 true/false, multiple choice, short answer and fill-in questions.*

**Ages and Stages: Knowing What to Expect and When (1.0 Hour)**

*Building Blocks for Successful Parenting, The Bureau for At-Risk Youth Promoting Growth Through Knowledge, 1996. Questionnaire: 10 true/false, multiple choice and short answer questions.*

**Discipline: What Lily Learned (Spanish Version Available) (1.0 Hour)**

Altschul Group Corporation, 1997. *Questionnaire: 15 true/false, multiple choice and completion questions.*

**I Can't Decide! What Should I Do? (1.0 Hour)**

Father Flanagan's Boys' Home, 1988. *Questionnaire: 10 multiple choice, true/false and completion questions.*

**I'm Not Everybody! Helping Your Child Stand Up to Peer Pressure (1.0 Hour)**

Father Flanagan's Boys' Home, 1988. *Questionnaire: 10 true/false, multiple choice, and completion questions.*

**Just Add SPICE: Parenting for Happy, Healthy Kids (1.5 Hours)**

PBS, 2010. *Selected DVD Questionnaire.*

**Limit Setting with School Age Children (1.0 Hour)**

Northwest Media, 1990. *Questionnaire: 12 multiple choice, true/false and completion questions.*

**More 1-2-3 Magic: Encouraging Good Behavior, Independence and Self-Esteem  (4.0 Hours)**

Phelan, Thomas W. Ph.D. *Child Management, Inc. 2000. Also available in VCR format. Questionnaire: 16 true/false and multiple choice questions.*

**Negotiating Within the Family: You and Your Child Can Both Get What You Want (1.0 Hour)**

Father Flanagan's Boys' Home, 1990. *Questionnaire: 10 multiple choice, true/false and completion questions.*

**Preschooler Discipline: Making It a Positive One (1.0 Hour)**

*Building Blocks for Successful Parenting, 1996. Questionnaire: 6 multiple choice, short answer and true/false questions.*

**Setting Your Child Up for Success: Anticipating and Preventing Problems (1.0 Hour)**

Father Flanagan's Boys' Home, 1989. *Questionnaire: 10 multiple choice, true/false and completion questions.*

**Six Steps to Developing Responsibility (2.0 Hours)**

Glenn, H. Stephen. *Sunrise Productions Questionnaire: 14 multiple choice and completion questions.*

**Successful Parenting: Discipline Makes the Difference  (.5 Hour)**

Featuring Barbara-Lynn Taylor, M.Ed., *Active Parenting Publishers, 1999. Selected DVD Questionnaire.*

**Take Time to Be a Family: Holding Successful Family Meetings (1.0 Hour)**

Father Flanagan's Boys' Home, 1989. *Questionnaire: 10 multiple choice, true/false and completion questions.*

**Teaching Responsible Behavior (2.0 Hours)**

Father Flanagan's Boys' Home, 1992. *Questionnaire: 10 true/false, multiple choice and completion questions.*

**Trust-Based Parenting: Creating Lasting Changes in Your Child's Behavior (2.5 Hours)**

Purvis, Dr. Karen and Dr. David Cross. *TCU Institute of Child Behavior, 2011. Selected DVD Questionnaire.*

**Winning at Parenting without Beating Your Kids (3.0 Hours)**

Coloroso, Barbara. *Kids Are Worth It!, 1989. Questionnaire: 15 true/false, multiple choice and completion questions.*

**You Want Me to Help with Housework? NO WAY! (1.0 Hour)**

Father Flanagan's Boys' Home, 1988. *Questionnaire: 10 multiple choice, true/false and completion questions.*

**INFORMATION PACKETS:**

**Behavior Modification Techniques, Revised 2002 (1.0 Hour)**

**Discipline and Behavior Management in Foster Care, Updated 2003 (1.0 Hour)**

**Helping your Child through Early Adolescence, 2009 (2.0 Hours)**

**Leaving Your Child Home Alone, Revised 2014 (1.0 Hour)**

**Social and Emotional Learning: Great Beginnings with Your Child Ages 3 to 7, 2004 (1.0 Hour)**

**Using Time Outs, Revised 2003 (1.0 Hour)**

# Drug Affected Children

## BOOK:

### **Helping Hands: Caregivers' Guide for Drug Exposed Infants (2.0 Hours)**

Richards, Barbara and Drennen, Barbara. Elton-Wolf Publishing, 2000. Questionnaire: 10 completion questions.

## DVD:

### **Caregiver's Guide for the Drug Exposed Infant (2.0 Hours)**

Partners in Video, 1992. Questionnaire: 15 true/false, multiple choice and completion questions.

### **Caring for Drug-Exposed Infants (2.0 Hours)**

Pediatric Interim Care Center. 2006. Questionnaire: 10 multiple choice, fill-in and true/false questions.

### **Substance-Exposed Infants (2.0 Hours)**

Foster Parent College. 2010. Questionnaire: 10 multiple choice, short answer and true/false questions.

## INFORMATION PACKETS:

Techniques for Caring for Drug Affected Infants, *Pediatric Interim Care Nursery, 2007* (1.0 Hour)

# Eating Disorders

## BOOKS:

### **Afraid to Eat: Children and Teens in Weight Crisis (2.0 Hours)**

Berg, Francis M. Healthy Weight Publishing Network, 1997. Selected Reading Questionnaire.

### **Preventing Eating Disorders: A Handbook for Interventions and Special Challenges (2.0 Hours)**

Piran, Niva, Michael Levine and Catherine Steiner-Adair. Taylor & Francis, 1999. Selected Reading Questionnaire.

### **Surviving an Eating Disorder: Strategies for Family and Friends (2.0 Hours)**

Siegel, Michele, Judith Brisman, and Margot Weinschel. HarperPerennial, 1997. Selected Reading Questionnaire.

### **Treating and Overcoming Anorexia Nervosa: Classic Guide with a New Introduction (2.0 Hours)**

Levenkron, Steven. Warner Books, Inc., 1982. Selected Reading Worksheet.

### **What's Eating You? A Workbook for Teens with Anorexia, Bulimia & Other Eating Disorders (2.0 Hours)**

Nelson, MS, Tammy. Instant Help Books, 2008. Selected Reading Questionnaire.

### **When Your Child Has an Eating Disorder: A Step-by-Step Workbook for Caregivers (2.0 Hours)**

Natenshon, Abigail H. Jossey-Bass Publishers, 1999. Selected Reading Questionnaire.

## DVD:

### **Eating Disorders (2.0 Hours)**

Foster Parent College, Northwest Media, Inc. 2003. Questionnaire: 10 true/false and completion questions.

### **Thea's Mirror: A Parent's Guide to Helping Teens with Eating Disorders (1.0 Hour)**

The Bureau for At-Risk Youth, 1995. Questionnaire: 11 true/false, multiple choice and completion questions.

## INFORMATION PACKETS:

Food Hoarding, 2012 (1.0 Hour)

# Education

## BOOKS:

### **Coping with Kids and Schools: A Guide for Parents (2.0 Hours)**

Albert, Linda. E.P. Dutton, Inc., 1984. Selected Reading Questionnaire.

### **From Foster Care to College: A Guide for Teens (2.0 Hours)**

Youth Communication. 2010. Selected Reading Questionnaire.

### **School Power: Study Skill Strategies for Succeeding in School (2.0 Hours)**

Schumm, Jeanne Shay. Free Spirit Publishing, 2001. Selected Reading Questionnaire.

### **The Complete IEP Guide: How to Advocate for Your Special Ed Child (3.0 Hours)**

Siegel, Attorney Lawrence M. Delta Printing Solutions, Inc., 2011. Selected Reading Questionnaire.

### **The Last Dropout: Stop the Epidemic! (2.0 Hours)**

Milliken, Bill. Hay House, Inc., 2007. Selected Reading Questionnaire.

### **The Motivation Breakthrough: 6 Secrets to Turning on the Tuned-Out Child (3.0 Hours)**

Lavoie, Richard. Simon & Schuster, 2007. Selected Reading Questionnaire.

**Wrightslaw: All About IEPs: Answers to Frequently Asked Questions About IEPs (2.0 Hours)**

*Wright, Peter, Pamela Wright and Sandra O'Connor. Harbor House Law Press, 2010. Selected Reading Questionnaire.*

**COURSES:**

**Education and Youth in Foster Care (3.0 Hours)**

*Keech, Tamara. ACRF, 2009. Questionnaire: 20 multiple choice, true/false, short answer and fill in the blank questions.*

**Education Guide for Alaska Resource Families (1.0 Hour)**

*Bennett, John. ACRF, 2016. Questionnaire: 12 multiple choice, true/false, short answer and fill in the blank questions.*

**DVDs:**

**Homework? I'll Do It Later (1.0 Hour)**

*Father Flanagan's Boys' Home, 1988. Questionnaire: 10 true/false, multiple choice and completion questions.*

**Common Sense Parenting: Helping Kids Succeed in School (1.5 Hours)**

*Produced by the Common Sense Parenting Program at Boys Town, 2008. Questionnaire: 10 true/false and short answer questions.*

**Working with Schools (Foster Parent College) (2.0 Hours)**

*Produced by Foster Parent College, Northwest Media, 2007. Questionnaire: 10 multiple choice, short answer and true/false questions.*

**INFORMATION PACKETS:**

**Educational Champion Series: Beliefs, Expectations and Aspirations about Education, 2015 (1.0 Hour)**

**Educational Champion Series: Communication with Child and School, 2015 (1.0 Hour)**

**Educational Champion Series: Preparing for Higher Education, Updated 2016 (1.0 Hour)**

**Helping Students Develop Their IEPs, 2010 (1.0 Hour)**

**Helping Your Young Child Emotionally and Socially at School, 2012 (1.0 Hour)**

**Putting a 504 Plan to Work for You, 2016 (1.0 Hour)**

**Quality Early Care and Education: A Guide for Alaska's Families, 2012 (1.0 Hour)**

## *Foster Care*

**BOOKS:**

**A Guidebook for Raising Foster Children (2.0 Hours)**

*Blatt, Susan McNair. Bergin & Garvey, 2000. Selected Reading Questionnaire.*

**Foster Parenting Step by Step: How to Nurture the Traumatized Child and Overcome Conflict (2.0 Hours)**

*Gopal, Dr. Kalyani. Jessica Kingsley Publications, 2013 Selected Reading Questionnaire.*

**Foster Parenting Young Children: Guidelines from a Foster Parent (5.0 Hours)**

*Felker, Evelyn. CWLA, 1993 Questionnaire: 12 multiple choice questions.*

**Practical Tools for Foster Parents (2.0 Hours)**

*Temple-Plotz, Stricklett, Baker and Sterba. Boys Town Press, 2002. Selected Reading Questionnaire.*

**Preparing Foster Parent's Own Children for the Fostering Experience (1.0 Hour)**

*Joran, Barbara. American Foster Care Resources, Inc., 1997. Selected Reading Questionnaire.*

**Rebuilding Children's Lives: A Blueprint for Treatment Foster Parents (6.0 Hours)**

*Baker, Christina B., Ray V. Burke, Ron W. Herron & Mariam A. Mott, Boys Town, 1996. Questionnaire: 11 short answer and fill in the blank questions.*

**Walk a Mile in My Shoes (5.0 Hours)**

*Lee, Judith and Danielle Nisivoccia. CWLA, 1989. Questionnaire: 10 multiple choice questions.*

**Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families (2.0 Hours)**

*Schooler, Jayne E., Betsy Keefer Smalley, LSW, and Timothy J. Callahan, PsyD. NavPress, 2009. Selected Reading Questionnaire.*

**COMPUTER DISK (CD-ROM):**

**Investigation Process for Allegations Regarding Foster Homes (2.0 Hours)**

*Original power point presentation developed by Office of Children's Services, Media and questionnaire developed by Aileen McLinnis, ACRF. Questionnaire: 15 fill in the blank, multiple choice, true/false and short answer questions.*

## COURSES:

### **Alaska's Resource Family Handbook (2.0 Hours)**

*McInnis, Aileen. ACRF. Revised 2016. Questionnaire: 12 short answer, multiple choice, true/false and fill-in the blank questions.*

### **Allegations in the Foster Home (3.0 Hours)**

*Keech, Tammy. ACRF, Revised 2016. Questionnaire: 18 short answer, multiple choice, true/false and fill-in the blank questions.*

### **An Introduction to Family Centered Services (2.0 Hours)**

*McInnis, Aileen. ACRF, 1995. Questionnaire: 12 multiple choice and completion questions.*

### **Classic Training Track Pack: Building Skills, Building on Strengths (4.0 Hours)**

*Includes Four Training Tracks Courses written by ACRF staff Questionnaires come to a total of 21 short answer, fill in the blank, true/false and multiple-choice questions.*

### **Classic Training Track Pack: Foster Parent Professional Skills (4.0 Hours)**

*Includes Four Training Tracks Courses written by ACRF staff Questionnaires come to a total of 19 short answer, fill in the blank, true/false and multiple-choice questions.*

### **Financial Handbook for Newly Licensed Resource Families (1.0 Hour)**

*McInnis, Aileen. Revised 2015. ACRF Questionnaire: 8 multiple choice, true/false fill in the blank and short answer questions*

### **Fostering Skills: Boundaries in Foster Care (2.5 Hours)**

*McInnis, Aileen. ACRF, 2001. Questionnaire: 14 true/false, short answer, and completion questions.*

### **Helping Children Move On: Reunification and Transition (2.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 10 multiple choice, true/false, essay and completion questions.*

### **Helping Children Stay Connected to Their Families (1.5 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 9 true/false, multiple choice, essay and completion questions.*

### **Kids Confidential: What Foster Parents Should Remember About Confidentiality (1.0 Hour)**

*McInnis, Aileen. ACRF, 2017. Questionnaire: 9 true/false, multiple choice and short answer questions.*

### **Lifestory Books (2.0 Hours)**

*Oregon Post Adoption Resource Center, 2003. Questionnaire: 10 true/false, multiple choice and completion questions.*

### **Making Visits Go More Smoothly (2.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 8 true/false, multiple choice, essay and completion questions.*

### **Picking Up Baby: A Guide for Foster Parents Picking Up a Child from the Hospital (1.0 Hour)**

*McInnis, Aileen with the help of Karen Storey, Bonnie Lange, and Diane Holmstrom. ACRF, 2008. Questionnaire: 9 short answer, multiple choice, and true/false questions.*

### **Religious and Spiritual Issues in Foster Care (2.0 Hours)**

*Shears, Olivia. ACRF, 2014. Questionnaire: 11 true/false and completion questions.*

### **Setting and Enforcing Boundaries with Relatives in Kinship Foster and Adoptive Families (2.5 Hours)**

*Shears, Olivia. ACRF, 2016. Questionnaire: 10 multiple choice, short answer, fill in the blank and true/false questions.*

### **Speaking and Testifying on Behalf of Foster Children (1.5 Hours)**

*McInnis, Aileen and Jeanne Gonzales. ACRF, Revised 2007. Questionnaire: 10 multiple choice, true/false and completion questions.*

### **Supervision in Foster Care (2.0 Hours)**

*Mouriquand, Kimberly. ACRF, 2019. Questionnaire: 10 true/false, multiple choice, short answer and fill in the blank questions.*

### **The Foster Parent's Role in the Court Process (1.5 Hours)**

*Ward, Sonia. ACRF, 2004. Questionnaire: 7 multiple choice, true/false, fill in the blank and short answer questions.*

### **The Holidays and Kids in Care (1.0 Hour)**

*Adams, Marla and Lissa Rylander. ACRF, 2011. Questionnaire: 6 multiple choice, true/false and short answer questions.*

### **The Reasonable and Prudent Parent Standard: Information for Resource Parents (1.5 Hours)**

*McInnis, Aileen. ACRF, 2015. Questionnaire: 8 multiple choice, true/false and short answer questions.*

### **The Role of the Guardian Ad Litem and CASA (2.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 12 true/false, multiple choice and essay questions.*

### **Understanding Family Contact (2.0 Hours)**

*McInnis, Aileen. ACRF, 2010. Questionnaire: 12 fill in the blank and multiple-choice questions.*

### **Understanding Foster Care: The Child, The Family, The System (4.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 14 true/false, multiple choice and completion questions.*

### **Understanding Team Decisionmaking (1.0 Hour)**

*McInnis, Aileen. ACRF, Revised 2009. Questionnaire: 10 multiple choice, completions, and true/false questions.*

### **Understanding the Birth Parent (3.0 Hours)**

*McInnis, Aileen. ACRF 1998. Questionnaire: 10 multiple choice, true/false and completion questions.*

### **Understanding the Icebreakers Meeting (1.0 Hour)**

*McInnis, Aileen. ACRF, 2006. Questionnaire: 10 multiple choice, completions, and true/false questions.*

## DVD:

### **Brothers and Sisters in Foster Care: An Unbreakable Bond (2.0 Hours)**

*Adoptioncds.com, von Ende Communications, 2011. Questionnaire: 9 multiple choice and true/false questions.*

### **Characteristics of Successful Resource Families (1.5 Hour)**

*Spaulding for Children. 1998. Questionnaire: 11 short answer questions..*

### **Kids in Court (1.0 Hour)**

*Kidsrights, Inc. Questionnaire: 14 fill-in, multiple choice, true/false and essay questions.*

### **The Foster Home Investigation Process (.5 Hour)**

*Foster Parent College Series, NW Media, Inc. 2012. Selected DVD Questionnaire.*

### **The Impact of Fostering on Birth Children (.5 Hour)**

*Foster Parent College Series, NW Media, Inc. 2011. Selected DVD Questionnaire.*

### **Working with Birth Parents: Visitation (2.0 Hours)**

*Foster Parent College Series, NW Media, Inc. 2007. Questionnaire: 10 completion, multiple choice and true/false questions.*

## INFORMATION PACKETS:

**Being an Advocate and a Professional, Updated 2002 (1.0 Hour)**

**Family Contact Standards, 2010 (1.0 Hour)**

**For Families Considering a Residential Program, 2015 (1.0 Hour)**

**Guardianships, Revised 2006 (1.0 Hour)**

**Helping Young People in Foster Care Through the Holidays. 2017 (1.0 Hour)**

**Incarcerated Parents and Their Children: Information for Resource Families, 1998 (1.0 Hour)**

**Lifebooks, 1997 (1.0 Hour)**

**Sibling Issues in Foster Care and Adoption, 2014 (1.0 Hour)**

**Tax Benefits and Foster Care, Revised 2015 (1.0 Hour)**

**Working with Your Social Worker, Revised 2006 (1.0 Hour)**

## *Health & Safety*

## BOOKS:

### **Exercise Addiction: When Fitness Becomes an Obsession (1.0 Hour)**

*Kaminker, Laura. Hazelden Foundation, 1998. Selected Reading Questionnaire.*

### **Meeting the Challenge of HIV Infection in Family Foster Care (1.0 Hour)**

*CWLA, 1991. Selected Reading Questionnaire.*

## COMPUTER DISK (CD-ROM):

### **Computer Cop: Internet Safety Initiative (1.0 Hour)**

*Alaska Department of Safety, 2010. Selected CD-Rom Questionnaire*

## COURSE:

### **Children's Oral Health Information Packet (1.5 Hours)**

*McInnis, Aileen. ACRF, 2010. Questionnaire: 8 true/false, multiple choice, matching and completion questions.*

### **Epilepsy and Seizure Disorders: A Resource Guide for Alaska's Parents (2.0 Hours)**

*McInnis, Aileen. ACRF, 2010. Questionnaire: 20 true/false, multiple choice and completion questions.*

### **Fostering a Fire Safe Home (4.0 Hours)**

*McInnis, Aileen. ACRF, 2000. Questionnaire: 16 true/false, multiple choice, and completion questions.*

### **Sudden Infant Death Syndrome (SIDS): Questions and Answers (1.5 Hours)**

*Hanft, Rachel. ACRF, 2015. Questionnaire: 13 true/false, multiple choice, and short answer questions.*

## DVDs:

### **Big Steps for Saving Small Lives (1.5 Hours)**

*Goldenstarlite Productions, 2007. Questionnaire: 15 short answer, multiple choice and true/false questions.*

### **Children's Oral Health Care (2.0 Hour)**

*Stone Soup Group, 2009. Questionnaire: Selected DVD Questionnaire.*

### **Child Safety & Supervision (2.0 Hours)**

*Foster Parent College, 2009. Questionnaire: 9 true/false and multiple choice questions.*

**Food and Fitness Matter: Raising Healthy, Active Kids (.5 Hour)**

*Hosted by Julia Louise-Dreyfus, Parents Action for Children, 2006. Selected DVD Questionnaire.*

**Home Fire Drills: What Every Parent Should Know (1.0 Hour)**

*National Fire Protection Association, 2002. Questionnaire: 8 true/false, multiple choice and short answer questions.*

**Kids in Cars: Not Even for a Minute! True Stories and How to Prevent Child Tragedies (1.0 Hour)**

*Kids in Cars, 2004. Questionnaire: 12 true/false, multiple choice and fill-in questions.*

**Safe Sleep for Your Baby (.25 Hour)**

*Safe to Sleep, US Department of Health and Human Services, 2012. Selected DVD Questionnaire.*

**INFORMATION PACKETS:**

**Administering Medication to Children in Care, 2008 (1.0 Hour)**

**Be Well. Messages from Moms on Living Healthier Lives, 2009 (1.5 Hours)**

**Bed Bugs, 2016 (1.0 Hour)**

**Disaster Preparedness: For families of children and youth with special needs, 2011 (1.5 Hours)**

**Emergency Preparedness for Resource Families, 2006 (1.0 Hour)**

**Fire Safety in the Home, 1998 (1.0 Hour)**

**Head Lice, 2008 (1.0 Hour)**

**Help Yourself to a Healthy Home: Protect Your Children's Health, 2016 (2.0 Hours)**

**Helping Children Cope with Disaster and Trauma, 2008 (1.0 Hour)**

**Home Care Guide for Pandemic Flu, 2009 (1.0 Hour)**

**MRSA (Methicillin-Resistant Staphylococcus Aureus), Updated 2016 (1.0 Hour)**

**Safe Sleeping Practices to Prevent SIDS (Sudden Infant Death Syndrome), 2015 (1.0 Hour)**

## *Independent Living*

**BOOKS:**

**A 5 is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults (1.0 Hour)**

*Dunn-Buron, Kari. Autism Asperger Publishing, CO, 2007. Selected Reading Questionnaire.*

**Caregiver's Handbook for Money Pals and Money Smarts Cash Concepts for Kids 8-15 (1.0 Hour)**

*To be used with Money Pals and Money Smarts Cash Concepts books for youth, AECF, 2000. Selected Reading Questionnaire.*

**Challenges: A Young Man's Journal for Self-Awareness and Personal Planning (2.0 Hours)**

*Bingham, Edmondson and Stryker, Advocacy Press, 1984. Selected Reading Questionnaire.*

**Choices: A Teen Woman's Journal for Self-Awareness and Personal Planning (2.0 Hours)**

*Bingham, Edmondson and Stryker, Advocacy Press, 1984. Selected Reading Questionnaire.*

**Do You Have What it Takes? A Comprehensive Guide to Success After Foster Care by Teens Who Have Been There (1.0 Hour)**

*Youth Communication, 2009. Selected Reading Questionnaire.*

**Independence: A Life Skills Guide for Teens (1.0 Hour)**

*Bobyn, Anne and Julius Ceccerallo, CWLA, 1990. Selected Reading Questionnaire.*

**Money Still Doesn't Grow on Trees: A Parent's Guide to Raising Financially Responsible Teenagers and Young Adults (2.0 Hours)**

*Godfrey, Neale S. and Tad Richards. Rodale, Inc., 2004. Selected Reading Questionnaire.*

**Preparing Adolescents for Life After Foster Care (2.0 Hours)**

*Maluccio, Krieger and Pine. CWLA, 1990. Selected Reading Questionnaire.*

**Ready, Set, Fly! A Parent's Guide to Teaching Life Skills (1.0 Hour)**

*Casey Family Programs, 2001. Selected Reading Questionnaire.*

**COURSES:**

**Supporting Legal Rights for Teens: A Guide for Caregivers and Teens Preparing for the Legal Rights and Responsibilities of Turning 18 (2.5 Hours)**

*Mouriquand, Kimberly. ACRF, 2018. Questionnaire: 11 multiple choice, true/false and completion questions.*

## DVD:

**Teaching Moments: How Foster Parents Can Teach Independent Living Skills to Teens (2.0 Hours)**  
*Foster Parent College, Northwest Media, Inc., 2006. Selected DVD Questionnaire.*

## INFORMATION PACKETS:

**Helping Youth Transition to Adulthood: Guidance for Foster Parents, 2013 (1.0 Hour)**

# *Kinship Care*

## BOOKS:

- Grandparents as Parents: A Survival Guide for Raising a Second Family (2.0 Hours)**  
*DeToledo, Sylvie and Deborah Edler Brown. The Guilford Press, 1995. Selected Reading Questionnaire.*
- Kinship Care: A Manual for Families (1.0 Hour)**  
*Confer, Charles E. American Foster Care Resources, 1996. Selected Reading Questionnaire.*
- Kinship Care: A Natural Bridge (1.0 Hour)**  
*Child Welfare League of America, 1994. Selected Reading Questionnaire.*
- Raising Our Children's Children (4.0 Hours)**  
*Doucette-Dudman, Deborah. Fairview Press, 1996. Selected Reading Questionnaire.*
- Relatives Raising Children: An Overview of Kinship Care (2.0 Hours)**  
*Crumbly, Dr. Joseph and Robert L. Little. CWLA, 1997. Selected Reading Questionnaire.*
- Sticking Together: Kinship Care and Financial Care (1.0 Hour)**  
*CWLA, National Endowment for Financial Education, 2003. Selected Reading Questionnaire.*

## COURSES:

**Kinship Care (2.0 Hours)**  
*Martinez, Raquel. ACRF, Revised 2008. Questionnaire: 8 essay, true/false and multiple choice questions.*

## DVDs:

- Grandparents Raising Grandchildren: You Are Not Alone (1.0 Hour)**  
*Grandfamilies Network Project. Questionnaire: 3 short answer questions.*
- Kinship Care (2.0 Hours)**  
*Foster Parent College, Northwest Media, Inc. 2006. Questionnaire: 10 fill-in, true/false and completion questions.*

## INFORMATION PACKETS:

- Kinship Caregivers and the Child Welfare System, Revised 2014 (1.0 Hour)**
- Relative Foster Care: Grandparents Raising Grandchildren, 1995 (1.0 Hour)**

# *LGBT*

## BOOKS:

- Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered or Questioning Son or Daughter (2.0 Hours)**  
*Jennings, Kevin, Simon & Schuster Inc, 2003. Selected Reading Questionnaire.*
- Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents (2.0 Hours)**  
*Fakhriddin-Deen, Tina, Seal Press, 2010. Selected Reading Questionnaire.*

## DVDs:

- Breaking the Silence: Lesbian, Gay, Bisexual, Transgender, and Queer Foster Youth Tell Their Stories (1.0 Hours)**  
*National Center for Lesbian Rights. 2005. Selected DVD Questionnaire.*
- We Are...GLBTQ: A Kid on Your Caseload (2.0 Hours)**  
*Washington State Department of Social and Health Services. 2007. Questionnaire: 14 short answer, true/false and essay questions.*

## INFORMATION PACKETS:

**Fostering an LGBTQ Youth, Updated 2016 (1.0 Hour)**

If You Are Concerned about Your Child's Gender Behaviors, *Updated 2016* (1.0 Hour)

LGBT Foster and Adoptive Parents, 2013 (1 Hour)

LGBTQ Youth in Foster Care, *Updated 2016* (1 Hour)

What Children Want LGBT Parents to Know, 2013 (1 Hour)

## *Mental Health & Illness*

### BOOKS:

**A Parent's Guide for Suicidal and Depressed Teens: Help for Recognizing if a Child is in Crisis and What to Do about It (2.0 Hours)**

*Williams, Kate. Hazelden Foundation, 1995. Selected Reading Questionnaire.*

**Beyond the Blues: A Workbook to Help Teens Overcome Depression (2.0 Hours)**

*Schab, Lisa M. Instant Help Books, 2008. Selected Reading Questionnaire.*

**Bipolar Disorders: A Guide to Helping Children and Adolescents (3.0 Hours)**

*Waltz, Mitzi. O'Reilly & Associates, 2000. Selected Reading Questionnaire.*

**Bodily Harm: The Breakthrough Healing Program for Self-Injurers (2.0 Hours)**

*Conterio, Karen and Wendy Lader, Ph.D. with Jennifer Kingson Bloom. Hyperion Books, 1998. Selected Reading Questionnaire.*

**Children and Trauma: A Parent's Guide to Helping Children Heal (5.0 Hours)**

*Monahan, Cynthia. Lexington Books, 1993. Questionnaire: 10 essay, true/false, multiple choice and completion questions.*

**Free from OCD: A Workbook for Teens with Obsessive-Compulsive Disorder (2.0 Hours)**

*Sisemore, Timothy A. Instant Help Books, 2010. Selected Reading Questionnaire.*

**Growing Up Sad: Childhood Depression and Its Treatment (2.0 Hours)**

*Cytryn, Leon and Donald McKnew. W.W.Norton and Company, 1996. Selected Reading Questionnaire.*

**Help Me, I'm Sad: Recognizing, Treating, and Preventing Childhood and Adolescent Depression (2.0 Hours)**

*Fassler, David G., and Lynne S. Dumas. Penguin Books, 1997. Selected Reading Questionnaire.*

**Helping Your Anxious Child: A Step-by-Step Guide for Parents (2.0 Hours)**

*Rapee, Ronald M., Wignall, Spence, Cobham and Lyneham. New Harbinger Publications, 2008. Selected Reading Questionnaire.*

**Love is a Start: The Real Challenges of Raising Children with Emotional Disorders (2.0 Hours)**

*Shilts, Donna. Look Again Publishing, 1999. Selected Reading Questionnaire.*

**Stopping the Pain: A Workbook for Teens Who Cut & Self-Injure (2.0 Hours)**

*Shapiro, Lawrence E. Instant Help Books, 2008. Selected Reading Questionnaire.*

**The Anxiety Workbook for Teens: Activities to Help You Deal with Anxiety and Worry (2.0 Hours)**

*Schab, Lisa M. Instant Help Books, 2008. Selected Reading Questionnaire.*

**The Bipolar Teen: What You Can Do to Help Your Child and Your Family (2.0 Hours)**

*Miklowitz, David, J and George, Elizabeth L.. The Guildford Press., 2008. Selected Reading Questionnaire.*

**The Bipolar Workbook for Teens: DBT Skills to Help You Control Mood Swings (1.0 Hour)**

*Van Dijk, Sherri and Guindon, Karma. Instant Help Books, 2010. Selected Reading Questionnaire.*

**The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma (3.0 Hours)**

*Van der Kolk, Bessel, M.D. Penguin Group, 2014. Selected Reading Questionnaire.*

**The Dance of Defiance: A Mother and Son Journey with Oppositional Defiant Disorder (2.0 Hours)**

*Hagener, Nancy A.. Shamrock Books, LLC., 2005. Selected Reading Questionnaire.*

**The Defiant Child: A Parent's Guide to Oppositional Defiant Disorder (2.0 Hours)**

*Riley, Dr. Douglas A., Taylor Publishing Company, 1997. Selected Reading Questionnaire.*

**Treating Youth with DSM-IV Disorders: The Role of Social Skills Instruction (2.0 Hours)**

*Sterba, Michael and Tom Dowd, Boys Town Press, 1998. Selected Reading Questionnaire.*

**Troubled Transplants: Unconventional Strategies for Helping Disturbed Foster/Adopted Children (2.0 Hours)**

*Delaney, Richard J. and Frank Kunstal. University of Southern Maine, 1993. Selected Reading Questionnaire.*

### COURSES:

**Classic Training Track Pack: Mental Health Issues in Foster Care (4.0 Hours)**

*Includes Four Training Tracks Courses written by ACRF staff Questionnaires come to a total of 25 short answer, fill in the blank and true/false questions.*

**Fostering Children and Teens with Mental Health Problems (5.0 Hours)**

*McInnis, Aileen. ACRF, Revised 2006. Questionnaire: 17 true/false, multiple choice and completion questions.*

**Gatekeeper Training: Understanding and Intervening in Suicidal Behavior in Adolescents (5.0 Hours)**

*McInnis, Aileen. ACRF, 2010. Questionnaire: 21 multiple choice, true/false, and fill-in the blank questions.*

**Mental Health Disorders in Children and Adolescents: An Overview (3.0 Hours)**

Wissink, Jennifer. ACRF, Revised 2007. Questionnaire: 15 true/false, completion and short answer questions.

**Psychotropic Medications and Children in Foster Care: Tips for Advocates and Judges (2.5 Hours)**

Solchany JoAnne, PhD, ARNP, 2011. Questionnaire: 15 true/false, short answer, multiple choice and fill in the blank questions.

**Self-Destructive Behaviors (3.0 Hours)**

McInnis, Aileen. ACRF, Revised 2010. Questionnaire: 14 multiple choice, completion, and true/false questions.

**Supporting Infants, Toddlers and Families Impacted by Caregiver Mental Health Problems, Substance Abuse and Trauma (3.0 Hours)**

McInnis, Aileen. ACRF, 2012. Questionnaire: 10 multiple choice, short answer and true/false questions.

**Understanding Depression and Suicide in Children and Teens (2.5 Hours)**

Wissink, Jennifer. ACRF, Revised 2007. Questionnaire: 15 true/false, completion and short answer questions.

**Understanding Self-Injury (3.0 Hours)**

Davis, Regina. ACRF, 2019. Questionnaire: 8 multiple choice, true/false, completion and short answer questions.

**When Your Foster Child Needs Counseling (2.5 Hours)**

Mcinnis, Aileen. ACRF, 1999. Questionnaire: 12 multiple choice, essay, true/false and completion questions.

**Youth Depression and Suicide Prevention (2.0 Hours)**

Oregon Post Adoption Resource Center, 2004. Questionnaire: 12 essay, true/false, multiple choice and completion questions.

**DVDs:**

**Big Boy Blue: A Guide for Parents of Depressed Teens (1.5 Hours)**

The Bureau for At-Risk Youth, 1995. Questionnaire: 12 short answer, true/false, multiple choice and fill-in the blank questions.

**Can You See My Pain? (1.0 Hour)**

Conterio, Karen and Wendy Lader, Ph.D., Wisconsin Public Television. 2007. Questionnaire: 12 true/false, short answer and multiple choice questions.

**Childhood Anxiety Disorders (2.0 Hours)**

Foster Parent College Series, NW Media, Inc. 2007. Questionnaire: 10 true/false, multiple choice and completion questions.

**Day for Night: Recognizing Teenage Depression (1.5 Hours)**

Depression & Related Disorders Assoc., 1999. Questionnaire: 14 multiple choice, true/false, and completion questions.

**For the Child: Information on Mental Health and Advocacy for Resource Parents (.5 Hour)**

Hosted by Morgan Freeman. I Am Your Child Video Series, Parents Action for Children. 2007. Selected DVD Questionnaire.

**Managing Oppositional Youth (1.5 Hours)**

Robin, Arthur, and Sharon Weiss, Specialty Press, 1997. Questionnaire: 15 true/false, fill in and multiple choice questions.

**Managing the Defiant Child (2.0 Hours)**

Barkley, Russell A. Guilford Publications, 1997. Questionnaire: 12 multiple choice, true/false and completion questions.

**Paper Tigers: One High School's Unlikely Success Story (1.5 Hours)**

Brainstorm Media, 2015. Selected DVD Questionnaire.

**Self-Harm (2.0 Hours)**

Foster Parent College Series, NW Media, Inc. 2004. Questionnaire: 10 true/false, multiple choice and completion questions.

**Significant Event Childhood Trauma  (1.0 Hour)**

Magna Systems, Inc., 2002. Questionnaire: 11 true/false and multiple choice questions.

**Trauma and Healing (1.0 Hour)**

Magna Systems, Inc. 2002. Questionnaire: 13 true/false, multiple choice and completion questions.

**Trouble In Mind: Bipolar Personality Disorder (1.0 Hour)**

Unapix Home Entertainment, 1999. Questionnaire: 10 true/false, multiple choice and fill in the blank questions.

**Trouble In Mind: Depression (1.0 Hour)**

Unapix Home Entertainment, 1999. Questionnaire: 10 true/false, multiple choice and fill in the blank questions.

**Trouble In Mind: Obsessive-Compulsive Disorder (1.0 Hour)**

Unapix Home Entertainment, 1999. Questionnaire: 10 true/false, multiple choice and fill in the blank questions.

**Trouble In Mind: Panic Disorder (1.0 Hour)**

Unapix Home Entertainment, 1999. Questionnaire: 14 true/false, multiple choice and fill in the blank questions.

**Trouble In Mind: Schizophrenia (1.0 Hour)**

Unapix Home Entertainment, 1999. Questionnaire: 10 true/false, multiple choice and fill in the blank questions.

**INFORMATION PACKETS:**

**Bipolar Disorder in Children and Adolescents, (Spanish Version Available) Updated 2016 (1.0 Hour)**

**Conduct Disorder and Oppositional Defiant Disorder, Updated 2003 (1.0 Hour)**

**Cutting and Self-Injury in Youth, Updated 2016 (1.0 Hour)**

**Depression in Children and Teens, Updated 2016 (1.0 Hour)**

Mental Health: Depression and Depressive Illnesses, *(Spanish Version Available) Updated 2006* (1.0 Hour)  
Mental Health: Services for Children in Foster Care, 2004 (1.0 Hour)  
Mental Health: What is a Dual Diagnosis? *Updated 2007* (1.0 Hour)  
Obsessive Compulsive Disorder in Children, *Updated 2016* (1.0 Hour)  
Oppositional Defiant Disorder in Children and Adolescents, *Updated 2016* (1.0 Hour)  
Suicide, Stress and Adolescents, *(Spanish Version Available) Updated 2016* (1.0 Hour)  
Trauma Series Topic 1: The Essential Elements of Trauma Informed Parenting, 2014 (1.0 Hour)  
Trauma Series Topic 2: Trauma and Its Effects on Development of Young Children, 2014 (1.0 Hour)  
Trauma Series Topic 3: Building a Safe Place, 2014 (1.0 Hour)  
Trauma Series Topic 4: Dealing with Feelings and Behaviors, 2014 (1.0 Hour)  
Trauma Series Topic 5: Connections and Healing, 2014 (1.0 Hour)  
Trauma Series Topic 6: Becoming an Advocate, 2014 (1.0 Hour)  
Trauma Series Topic 7: Taking Care of Yourself, 2014 (1.0 Hour)

## *Self-Esteem*

### BOOK:

#### **Building Self-Esteem in Children (6.0 Hours)**

Berne, Patricia H. and Louise M. Savary. Continuum Pub. Co., 1989. Questionnaire: 14 multiple choice and completion questions.

#### **Self-Esteem Revolutions in Children: Understanding and Managing the Critical Transitions in Your Child's Life (2.0 Hours)**

Phelan, Thomas W. Child Management, Inc. 1996. Selected Reading Questionnaire.

#### **Your Child's Self-Esteem: Step-by-Step Guidelines for Raising Responsible, Productive, Happy Children (3.0 Hours)**

Corkille-Brigg, Dorothy. Doubleday Books, 1988. Selected Reading Questionnaire.

### DVD:

#### **Developing Healthy Self-Esteem (2.0 Hours)**

Featuring H. Stephen Glenn. Sunrise Productions, 1989. Questionnaire: 10 multiple choice and completion questions.

#### **Growing Opportunities: Confidence Building with Pre-School Children (1.0 Hour)**

Northwest Family & School Consultants Inc. 1990. Questionnaire: 9 multiple choice, true/false and completion questions.

#### **Growing Opportunities: Confidence Building with School-Age Children (1.0 Hour)**

Northwest Family & School Consultants, Inc. 1990. Questionnaire: 8 true/false, essay, multiple choice and completion questions.

#### **Successful Parenting: Self-Esteem is the Key (.5 Hour)**

Featuring Barbara-Lynn Taylor, M.Ed.. Active Parenting Publishers, 1999. Selected DVD Questionnaire.

## *Separation, Loss & Attachment*

### Audio/CD:

#### **Adolescents with Attachment Difficulties (1.5 Hours)**

Featuring Gregory Keck. Adoption.com von Ende Communications, 2008. Selected Audio Questionnaire

#### **Attachment Issues for Children Under 5 Years Old (1.25 Hours)**

Featuring Regina Kupecky. von Ende Communications, 2011. Selected Audio Questionnaire

#### **Parenting the Hurt Child (1.5 Hours)**

Featuring Gregory Keck. Adoption.com von Ende Communications, 2011. Selected Audio Questionnaire

### BOOKS:

#### **35 Ways to Help a Grieving Child (1.0 Hour)**

The Dougy Center, The National Center for Grieving Children & Families, 2004. Selected Reading Questionnaire.

#### **Attachment, Trauma, and Healing: Understanding and Treating Attachment Disorder (2.0 Hours)**

Levy, Terry M. CWLA, 1989. Selected Reading Questionnaire.

**Building the Bonds of Attachment: Awaking Love in Deeply Troubled Children, Second Edition (4.0 Hours)**

*Hughes, Daniel A. Jason Aronson Pub., 2006. Questionnaire: 20 completion, essay and true/false questions.*

**Children Who Shock and Surprise: A Guide to Attachment Disorders (1.0 Hour)**

*Randolph, Elizabeth. RFR Publications, 2002. Selected Reading Questionnaire.*

**Facilitating Developmental Attachment: The Road to Emotional Recovery and Behavioral Change in Foster and Adopted Children (2.0 Hours)**

*Hughes, Daniel. Rowman and Littlefield Publishers, Inc., 1997. Selected Reading Questionnaire.*

**Fostering Changes: Treating Attachment Disordered Children (3.0 Hours)**

*Delaney, Richard. Walter J. Corbett Pub., 1991. Questionnaire: 16 true/false, completion and multiple choice questions.*

**Help for the Hard Times: Getting Through Loss (2.0 Hours)**

*Hipp, Earl, Hazeldon, 1995. Selected Reading Questionnaire.*

**Helping Children Cope with Separation and Loss (2.0 Hours)**

*Jewett-Jarratt, Claudia, The Harvard Common Press, 1994. Selected Reading Questionnaire.*

**Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma (2.0 Hours)**

*Wesselmann, Debra and Cathy Schweitzer. W.W. Norton & Company, 2014. Selected Reading Questionnaire.*

**The 3-5-7 Model: A Practice Approach to Permanency (2.0 Hours)**

*Henry, Darla L., Sunbury Press, 2010. Selected Reading Questionnaire.*

**COURSES:**

**Attachment (2.0 Hours)**

*Oregon Post Adoption Resource Center, 2004. Questionnaire: 14 multiple choice, true/false and completion questions.*

**Classic Training Track Pack: Attachment and Grief (4.0 Hours)**

*Includes Four Training Tracks Courses written by ACRF staff Questionnaires come to a total of 25 short answer, fill in the blank, true/false and multiple-choice questions.*

**Grief and Loss in Children, Birth Parents and Foster Families (3.0 Hours)**

*McInnis, Aileen. ACRF, 1999. Questionnaire: 16 true/false, multiple choice and short answer questions.*

**Hard to Hold: Attachment Difficulties in Foster Children (5.0 Hours)**

*McInnis, Aileen. ACRF, 1997. Questionnaire: 14 completion, multiple choice, and true/false questions.*

**The Grief of Letting Go: Support and Care for Foster Families Transitioning a Child (1.5 Hours)**

*Ursel, Brenda. ACRF, 2013. Questionnaire: 10 multiple choice, completion, true/false and short answer questions.*

**DVDs:**

**Children from Hard Places (1.0 hour)**

*Featuring Dr. Karen Purvis and Dr. David Cross. Institute of Child Development, 2014. Selected DVD Questionnaire.*

**Fostering Familiarity and Cultivating Cultural Connections (1.0 hour)**

*Featuring Brenda Ursel, ACRF Rural Teleconference Series, 2010. Questionnaire: 11 true/false, multiple choice and short answer questions.*

**Grief and Loss in the Care System (2.0 hours)**

*Foster Parent College, Northwest Media, Inc., 2009. Questionnaire: 10 true/false, multiple choice and short answer questions.*

**Reactive Attachment Disorders (R.A.D.) (4.0 hours)**

*Foster Parent College, Northwest Media, Inc., 2006. Questionnaire: 20 true/false, completion and essay questions.*

**The Attachment Dance (2.25 hour)**

*Featuring Dr. Karen Purvis and Dr. David Cross. Institute of Child Development, 2008. Selected DVD Questionnaire.*

**TBRI® An Overview: Putting the Pieces Together (1.0 hour)**

*Featuring Dr. Karen Purvis and Dr. David Cross. Institute of Child Development, 2014. Selected DVD Questionnaire.*

**TBRI® for Teens (1.0 hour)**

*Featuring Dr. Karen Purvis and Dr. David Cross. Institute of Child Development, 2015. Selected DVD Questionnaire.*

**INFORMATION PACKETS:**

**Attachment Disorders in Foster Children, Revised 2002 (1.0 Hour)**

**Foster Parent Grief and Loss, Updated 2016 (1.0 Hour)**

**Separation, Loss and Adjustment in Foster Care, 2002 (1.0 Hour)**

## *Special Needs*

**BOOKS:**

**A Mind Apart: Understanding Children with Autism and Asperger Syndrome (2.0 Hours)**

*Szatmari, Peter, MD. The Guilford Press, 2004. Selected Reading Questionnaire.*

- Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrum, Rage, & Meltdowns (2.0 Hours)**  
*Smith-Myles, Brenda and Jack Southwick. Autism Asperger Publishing Company, 2005. Selected Reading Questionnaire.*
- Asperger's Syndrome: A Guide for Parents and Professionals (2.0 Hours)**  
*Attwood, Tony. Jessica Kingley Publishers, 1998. Selected Reading Questionnaire.*
- Children with Tourette Syndrome: A Parent's Guide (2.0 Hours)**  
*Haerle, Tracy. Woodbine Houes, 1992. Selected Reading Questionnaire.*
- Easy to Love but Hard to Live With: Real People, Invisible Disabilities, True Stories (2.0 Hours)**  
*Bliven-Chasinoff, Tricia and Lisa Davis. DRT Press, 2014. Selected Reading Questionnaire.*
- Everyday Solutions: A Practical Guide for Families with Autism Spectrum Disorder (2.0 Hours)**  
*Small, Mindy and Lisa Kotente. Autism Asperger Publishing Co., 2003. Selected Reading Questionnaire.*
- Keys to Parenting a Child with Down Syndrome (2.0 Hours)**  
*Targ-Brill, Marlene. Barron's Educational Series, Inc., 1993. Selected Reading Questionnaire.*
- Making Visual Supports Work in the Home and Community: Strategies for Individuals with Autism and Asperger Syndrome (1.0 Hour)**  
*Savner, Jennifer L. and Brenda Smith-Myles. Autism Asperger Publishing Co., 2000. Selected Reading Questionnaire.*
- Medically Fragile Training Manual (5.0 Hours)**  
*Hernandez, Ger. R.N., 2008. Questionnaire: 8 short answer questions.*
- Sensational Kids: Hope and Help for Children with Sensory Processing Disorder (2.0 Hours)**  
*Miller, Lucy Jane, Ph.D., Penguin Group, 2006. Selected Reading Questionnaire.*
- The Child with Special Needs: Encouraging Intellectual and Emotional Growth (3.0 Hours)**  
*Greenspan, Stanley I. and Serena Wieder. Perseus Books, 1998. Selected Reading Questionnaire.*
- The Everything Parent's Guide to Sensory Integration Disorder: Get the Right Diagnosis, Understand Treatments and Advocate for Your Child (2.0 Hours)**  
*Mauro, Terri. F+W Publications, 2006. Selected Reading Questionnaire.*
- The Incredible 5-Point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling Their Emotional Responses (1.0 Hour)**  
*Buron, Kari Dunn and Mitzi Curtis. Autism Asperger Publishing Co., 2003. Selected Reading Questionnaire.*
- The New Language of Toys: Teaching Communication Skills to Children with Special Needs (2.0 Hours)**  
*Schwartz, Sue. Woodbine Books, 1996. Selected Reading Questionnaire.*
- The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder (2.0 Hours)**  
*Stock-Kranowitz, Carol. Penguin Group, 2005. Selected Reading Questionnaire.*
- The Out-of-Sync Child Has Fun: Activities for Kids with Sensory Processing Disorder (2.0 Hours)**  
*Stock-Kranowitz, Carol. Pedigree Books, 2003. Selected Reading Questionnaire.*
- The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted Kids (2.0 Hours)**  
*Dalgliesh, Carolyn. Simon and Schuster, 2013. Selected Reading Questionnaire.*
- The Social Success Workbook for Teens: Skill-Building Activities for Teens with Nonverbal Learning Disorder, Asperger's Disorder and Other Social-Skill Problems (1.0 Hour)**  
*Cooper, Barbara and Nancy Widdows. Instant Help Books, 2008. Selected Reading Questionnaire.*
- Understanding Your Child's Sensory Signals: A Practical Daily Use Handbook (2.0 Hours)**  
*Voss, Angie. CreateSpace Independent Publishing Platform, 2011. Selected Reading Questionnaire.*

## COURSE:

- Autism Spectrum Disorder: An Overview (1.0 Hour)**  
*Hayes, Deborah A., M.Ed. ACRF, 2008 Questionnaire: 10 fill in the blank questions.*
- Sensory Integration/Sensory Processing Disorder (2.0 Hours)**  
*McInnis, Aileen. Based on the Telephonic Rural Support Groups hosted by Janna Smith. ACRF, 2005. Questionnaire: 12 Multiple Choice, True/False and Completion questions.*
- Social Stories (2.0 Hours)**  
*Reinhardt, Christie. ACRF, 2011. Questionnaire: 11 True/False, short answer and fill in the blank questions.*

## DVDs:

- A New I.D.E.A. for Special Education: Understanding the System and the New Law (1.0 Hour)**  
*Eadvantage, 1998. Questionnaire: 12 multiple choice, true/false and completion questions.*
- Children with Autism (2.0 Hours)**  
*Discussion with Robert Nickel, MD, Foster Parent College, 2006. Questionnaire: 15 multiple choice, short answer, true/false and fill in the blank questions.*
- It's So Much Work to Be Your Friend (2.0 Hour)**  
*Featuring Richard D. Lavoie, M.A., M.Ed., PBS Video, 2005. Selected DVD Questionnaire.*
- Kids with Down Syndrome Staying Healthy and Making Friends (2.0 Hours)**  
*Blueberry Shoes Productions, 2008. Selected DVD Questionnaire.*

**Self-Advocacy for Individuals on the Autism Spectrum (2.0 Hours)**

Shore, Stephen. 2007. *Special Education Service Agency*. Questionnaire: 13 true/false, fill-in the blank and multiple-choice questions

**Sensory Integration (2.25 Hour)**

Purvis, Dr. Karen. *Institute of Child Development, 2008 Selected DVD Questionnaire*

**Sensory Integration and Sensory Processing Disorder (1.0 Hour)**

Woodin, Betsy. *ACRF Rural Teleconference Series, 2010 Questionnaire: 10 multiple choice, true-false, short answer and completion questions.*

**Sensory Processing for Parents: From Roots to Wings (1.0 Hour)**

Reisman, Judith. *Fourth Canyon Prod., 1997. Questionnaire: 10 multiple choice, true/false, fill-in the blank and short answer questions.*

**Social Skills and Autism (2.0 Hours)**

Kruth, Betsy. *Special Education Service Agency, 2008. Questionnaire: 15 short answer, true/false, multiple choice and fill in the blank answers.*

**The 3 R's for Special Education: Rights, Resources, Results (1.0 Hour)**

Edvantage Media, Inc, 1996. Questionnaire: 16 multiple choice, true/false and completion questions.

**Toilet Training a Child with a Developmental Disability (2.0 Hours)**

Hepburn, Susan, Ph.D. *Special Education Service Agency, 2008. Questionnaire: 15 short answer; fill in the blanks, true/false and multiple-choice questions.*

**Understanding Learning Disabilities: How Difficult Can this Be?  (4.0 Hours)**

Lavoie, Richard D. *PBS Video, 1996. Questionnaire: 10 completion, multiple choice and true/false questions.*

**INFORMATION PACKETS:**

Alaska Special Education Guide for Parents, *(Spanish Version Available) 2003 (1.0 Hour)*

Asperger Syndrome and High Functioning Autism Took Kit, *2013 (1.0 Hour)*

Autism Spectrum Disorder, *(Spanish Version Available) 2005 (1.0 Hour)*

Autism: 100 Day Kit (A tool kit to assist families in getting the critical information they need in the first 100 days after an autism diagnosis), *2013 (1.0 Hour)*

Cerebral Palsy (Stone Soup Group Information Packet), *2013 (1.0 Hour)*

Deaf and Hard of Hearing (Stone Soup Group Information Packet), *Updated 2016 (1.0 Hour)*

Dyslexia, *2002 (1.0 Hour)*

Epilepsy: You and Your Child (Information for Parents), *2013 (1.0 Hour)*

Seizures, Epilepsy and Your Child, *2013 (1.0 Hour)*

Special Education: IDEA for Children Birth to Three, *2015 (1.0 Hour)*

Special Education: IDEA for Children Three and Up, *Updated 2016 (1.0 Hour)*

Understanding, Diagnosing, and Coping with Slow Processing Speed, *2016 (1.0 Hour)*

## *Stress & Anger*

**BOOKS:****Angry Kids, Frustrated Parents: Prevent and Reduce Aggression in Children (2.0 Hours)**

Hyland, Terry L. and Jerry Davis. *Boys Town Press, 1999. Selected Reading Questionnaire.*

**Dangerous Kids: Approach for Helping Caregivers Treat Aggressive and Violent Youth (2.0 Hours)**

Sterba, Michael and Jerry Davis. *Boys Town Press, 1999. Selected Reading Questionnaire.*

**Getting to CALM: Cool-headed strategies for Parenting Tweens & Teens (2.0 Hours)**

Kastner, Laura S. and Jennifer Wyatt. *Parent Map, 2009. Selected Reading Questionnaire.*

**Preventing Youth Violence: A Guide for Parents, Teachers and Counselors (2.0 Hours)**

Flannery, Raymond. *The Continuum Publishing Company, 1999. Selected Reading Questionnaire.*

**The Anger Workbook for Teens: Activities to Help You Deal with Anger and Frustration (12.0 Hours)**

Cassada-Lohmann, Raychelle. *Instant Help Books, 2009. Selected Reading Questionnaire.*

**The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children (2.0 Hours)**

Greene, Ross W. *HarperCollins Publishers, 1998. Selected Reading Questionnaire.*

**The Stress Reduction Workbook for Teens: Mindfulness Skills to Help You Deal with Stress (1.0 Hour)**

Biegel, Gina M. *Instant Help Books, 2009. Selected Reading Questionnaire.*

**Winning Cooperation from Your Child: A Comprehensive Method to Stop Defiant and Aggressive Behavior in Children (2.0 Hours)**

Wenning, Kenneth. Jason Aronson Inc., 1999. Selected Reading Questionnaire.

**Your Angry Child: A Guide for Parents (2.0 Hours)**

Davis, Daniel L. The Haworth Press, 2004. Selected Reading Questionnaire.

**COMPUTER DISK (CD-ROM):**

**Anger Outbursts (2.5 Hours)**

Delaney, Richard. Foster Parent College, 2002. Questionnaire: 7 true/false questions.

**COURSES:**

**Anger in Foster Children (1.5 Hours)**

Wissink, Jennifer. ACRF, Revised 1/07 Questionnaire: 15 true/false and completion questions.

**Handling Stress and Anger in Foster Parenting (4.0 Hours)**

McInnis, Aileen. ACRF, 1998. Questionnaire: 13 multiple choice, completion, and true/false questions.

**DVD:**

**Anger Pie (2.0 Hours)**

Delany, Dr. Rick. Northwest Media, 2009. Questionnaire: 15 true/false, multiple choice and completion questions.

**Stress and the Healthy Family (2.0 Hours)**

Curran, Delores. Harper and Rowe Publishers, 1988. Questionnaire: 10 multiple choice and completion questions.

**INFORMATION PACKETS:**

**Dealing with Anger and Aggression, Revised 2016 (1.0 Hour)**

**Managing Aggressive Behavior in Young Children: 7 Positive Strategies, 2012 (1.0 Hour)**

## *Substance Abuse*

**BOOK:**

**Choices and Consequences: What to Do When a Teenager Uses Alcohol/Drugs (2.0 Hours)**

Schaefer, Dick. Hazelden Foundation, 1998. Selected Reading Questionnaire.

**Teens Under the Influence the Truth About Kids, Alcohol, and Other Drugs: How to Recognize the Problem and What to Do About It (3.0 Hours)**

Ketcham, Katherine and Nicholas A. Pace, M.D. Ballantine Books, 2003. Selected Reading Questionnaire.

**COURSES:**

**Alcoholism and Addiction: Effects on the Family (4.0 Hours)**

McInnis, Aileen. ACRF, 1997. Questionnaire: 16 multiple choice, completion and true/false questions.

**Inhalant Abuse (4.0 Hours)**

Kipp-Wissink, Jennifer. ACRF, 2003. Questionnaire: 13 multiple choice, completion and true/false questions.

**Methamphetamine: A Training Course for Resource Families (3.0 Hours)**

McInnis, Aileen. ACRF, 2008. Questionnaire: 15 short answer, multiple choice, true false and fill-in the blank questions.

**Substance Abuse (4.0 Hours)**

McInnis, Aileen. ACRF, 1999. Questionnaire: 14 multiple choice, true/false, short essay and completion questions.

**DVD:**

**Failing John: A Parent's Guide to Confronting Teen Substance Abuse (1.0 Hour)**

The Bureau for At-Risk Youth, 1995. Questionnaire: 10 true/false, multiple choice and completion questions.

**Roles: The Script for Children of Alcoholics (2.0 Hours)**

Black, Claudia. MAC Publishing, 1986. Questionnaire: 16 multiple choice questions.

**The New Face of Drugs: A Wake-Up Call for Parents and Teens (2.0 Hours)**

DrugTALK, 2006. Questionnaire: 12 short answer, multiple choice and true/false questions.

**INFORMATION PACKETS:**

**Bath Salts and Designer Drugs, Updated 2016 (1.0 Hour)**

**Inhalant Abuse Information, 2002 (1.0 Hour)**

**Methamphetamine, 2005 (1.0 Hour)**

# Spanish Materials

## ABUSE:

**El Maltrato Infantil** – (Information Packet: Child Maltreatment) **1.0 Hour**

**Consecuencias A Largo Plazo Del Maltrato De Menores** – (Information Packet: Long-Term Consequences of Abuse and Neglect) **1.0 Hour**

**Reconociendo el Maltrato de Menores: Los Indicios y Los Sintomas** – (Information Packet: Recognizing Signs and Symptoms of Child Abuse and Neglect) **1.0 Hour**

**La Historia De Elijah** – (Video: Elijah's Story: A True Story of Shaken Baby Syndrome) English version with Spanish subtitles. Also available in DVD. **.5 Hour**

## FOSTER CARE/ADOPTION:

**Ayuda Para la Adopción Para los Niños Adoptados del Sistema de Crianza Temporal** – (Information Packet: Adoption Assistance for Children Adopted from Foster Care) **1.0 Hour**

**Cuidadores Familiares y el Sistema de Bienestar Infantil** – (Information Packet: Kinship Caregivers and the Child Welfare System) **1.0 Hour**

**El Proceso Del Studio De Hogar Para La Adopción** – (Information Packet: Understanding the Home Study Process) **1.0 Hour**

**Entrenamiento Principal para Familias de Recurso Cuaderno de ejercicios de Auto Estudio** – (Course: Core Training for Resource Families Workbook) **16.0 Hours**

**Qué Es Cuido En Hagares Temporarios De Crianza Y La Adopción?** – (Information Packet: What is Foster Parenting and Adoption?) **1.0 Hour**

## ATTENTION DEFICIT DISORDERS:

**La enseñanza un Estudiante con el Desorden del Déficit de la Atención** – (Information Packet: Teaching a Student with ADD) **1.0 Hour**

**Qué es el Desorden del Déficit de la Atención?** – (Information Packet: What is Attention Deficit Disorder?) **1.0 Hour**

## CHILD CARE:

**Los Hijos Solos en Casa** - (Information Packet: Leaving Your Child Home Alone) **1.0 Hour**

## DEVELOPMENT:

**Desarrollo Social y Emocional Durante la Infancia - El Naicimeinto hasta los 12 meses** - (Information Packet: Bright Futures Developmental Series 1) **1.0 Hour**

**Desarrollo Social y Emocional de los Ninos Pequenos - edades de 1 - 4 anos** - (Information Packet: Bright Futures Developmental Series 2) **1.0 Hour**

**Desarrollo Social y Emocional en la Edade Preadolescente - Edades de 5 - 10 anos** - (Information Packet: Bright Futures Developmental Series 3) **1.0 Hour**

**Desarrollo Social y Emocional en la Adolescencia - Edades de 11 - 21 anos** - (Information Packet: Bright Futures Developmental Series 4) **1.0 Hour**

**El Desarrollo Normal De La Adolescencia** – (Information Packet: Normal Adolescent Development) **1.0 Hour**

**Entiendo Los Comportamiento Sexuales en la Niñez: Lo Que es Natural y Saludable** – (Course: Understanding Children's Sexual Behavior: What's Natural and Healthy) **2.0 Hours**

**Los Mejores Comienzos para los Bebés: Libro de Actividades Infantes Nacimiento 18 Meses** – (Information Packet: Best Beginnings Activity Guide for Children Birth to 18 Months) **2.0 Hours**

**Los Mejores Comienzos para los Bebés: Libro de Actividades Caminadores 18-36 Meses** - (Information Packet: Best Beginnings Activity Guide for Children 18 Months to 3 Years Old) **2.0 Hours**

**Los Mejores Comienzos para los Bebés: Libro de Actividades Pre-escolares 36-60 Meses** – (Information Packet: Best Beginnings Activity Guide for Children 3 to 5 Years Old) **2.0 Hours**

## DIFFICULT BEHAVIOR:

**La Crianza en Todo Terreno: Un Manual Para los Padres de Familia en el Arte de Navegar Durante los Tiempos Dificiles** – (DVD: Off Road Parenting: Practical Solutions for Difficult Behavior) **1.0 Hour**

## DISCIPLINE/PARENTING:

**Como Ayudar a su Hijo Durante los Primeros Anos de la Adolescencia** – (Information Packet: Helping Your Child through Early Adolescence) **2.0 Hours**

**La Crianza Práctica de los Hijos** – (Audio: Common Sense Parenting) **2.0 Hours**

**La Disciplina: Que Aprendio Lily** – (DVD: Discipline: What Lily Learned) **1.0 Hour**

**Para Padres: Aconsejar y dar Ánimos: El Trabajo Más Duro Que Usted Adora Siempre** – (Information Packet: Parenting Advice and Encouragement: The toughest Job you'll Ever Love) **2.0 Hour**

## EDUCATION:

**Cómo Ayudar a su Hijo con la Tarea Escolar** – (Information Packet: Helping Your Child with Homework) **2.0 Hours**

## HEALTH & SAFETY:

**MRSA (Methicillin-Resistant Staphylococcus Aureus)** – (Information Packet: MRSA) **1.0 Hour**

## MENTAL HEALTH & ILLNESS:

**Buscar Ayuda Psiquiátrica Para Su Niño** – (Information Packet: Seeking Psychiatric Help for Your Child) **1.0 Hour**

**Desorden Bipolar en los Niños y Adolescentes** – (Information Packet: Bipolar Disorder in Children and Adolescents) **1.0 Hour**

**El Suicidio, Los Estrés, Y Los Adolescentes** – (Information Packet: Suicide, Stress and Adolescents) **1.0 Hour**

**La Serie de la Salud Mental: Depresión** – (Information Packet: Mental Health Series: Depression) **1.0 Hour**

**Medicamentos Sequiatricos Para Niños y Adolescentes** – (Information Packet: Psychiatric Medications for Children and Adolescents) **1.0 Hour**

**Para el Niño: Informacion sobre Salud Mental y Abogacia para Padres de Crianza** – (DVD: For the Child: Information on Mental Health and Advocacy for Resource Parents) **1.0 Hour**

## SPECIAL NEEDS:

**Dislexia** – (Information Packet: Dyslexia) **1.0 Hour**

**El Autismo** – (Information Packet: Autism Spectrum Disorder) **1.0 Hour**

**Guía de Alaska Para Padres Educación y el Niño Excepcional** – (Information Packet: Alaska Special Education Guide for Parents) Available in Yup'ik. **1.0 Hour**

# *Y'upik Materials*

## DEVELOPMENT:

**Mikelnguut Ayagmek Elluarrluki Anglivkallrat: Piipiq-Illu Naanguarlutek Piarkatek Anqerraallranek Ayagluku 18-aanek Iralungellra Ngelkarrluku** – (Information Packet: Best Beginnings Activity Guide for Children Birth to 36 Months) **2.0 Hours**

**Mikelnguut Ayagmek Elluarrluki Anglivkallrat: Mikelnguq-Illu Naanguarlutek Piarkatek 18-aanek Iralungellranek Ayagluku 36-aanek Iralungellrat Ngelkarrluku** – (Information Packet: Best Beginnings Activity Guide for Children 18 to 36 Months) **2.0 Hours**

**Mikelnguut Ayagmek Elluarrluki Anglivkallrat: Mikelnguq-Illu Naanguarlutek Piarkatek 18-aanek Iralungellranek Ayagluku 60-inek Iralungellrat Ngelkarrluku** – (Information Packet: Best Beginnings Activity Guide for Children 36 to 60 Months) **2.0 Hours**

# *Self-Study Lending Library Policies & Procedures*

Please read carefully this is revised information as of March 2020.

1. The Alaska Center for Resource Families (ACRF) will make every effort to forward all materials from our DVD and book library to the requesting party within two (2) to four (4) working days of the request. We will e-mail written materials whenever possible.
2. When we cannot e-mail written materials, ACRF will pay regular postage costs for printed materials sent to the resource family or community professional requesting materials. The individual making the request is responsible to **RETURN** resource materials to ACRF at their **OWN COST** for regular mail delivery. In the event postage cost creates a hardship for the foster parent, he/she is requested to contact ACRF for alternate arrangements.
3. The check-out period for due back materials is two (2) weeks. The due date can be found on the card pocket on or in each item. If you need more time to review the material, please call ACRF to extend the deadline **PRIOR** to the due date.
4. ACRF may find it necessary to put certain material on **RESERVED** when they are to be used for onsite training or curriculum development purposes.
5. Our lending library is free but you are financially responsible for any lost or damaged books, CD's, DVD's, or Computer Disks. For any materials returned to ACRF in an obviously damaged condition, the library user will be sent a bill to pay for a replacement copy. If you receive materials that are in a damaged condition, you must notify ACRF immediately.
6. The limit for the number of items checked out during the same time period is as follows:  
**BOOKS, DVDs, CDs AND CD-ROMs:** You may order two (2) items or one (1) set per household, for a two (2) week period. A longer check out is available to remote areas and return dates may be increased up to four (4) weeks, if requested.  
**COURSES, INFORMATION PACKETS AND CLUSTER PACKETS:** There is no due date - you may keep the information sent to you. Please limit your order to three (3) Courses, Information Packets or Cluster Packets per household per order. We will e-mail these materials whenever possible.
7. In the event library items have not been returned by the due date indicated on the card pocket, a reminder postcard will be sent allowing a 10 day extension. If materials have still not been returned a notice will be sent. This notice will include a bill for the replacement cost of the late materials. Non-response within ten (10) days from the date of the second billing will necessitate revoking of privileges to use the Self-Study Library from any ACRF location until the materials or fee is returned to us. Any financial assistance (scholarship awards, mileage, meals, lodging, etc) ACRF may provide will be denied while on a REVOKED status.

***If you have any questions regarding our Library Policy and Procedures, call your local ACRF office. Fairbanks/North Pole area: 479-7307; Anchorage: 279-1799; All other areas (Alaska only): 1-800-478-7307.***

# *Alaska Center for Resource Families*

## *Office Locations*

**To order materials, visit our offices, website, email or phone your local office.**

### FAIRBANKS

815 Second Avenue, Suite 202  
Fairbanks, AK 99701

**(907) 479-7307**

**1-800-478-7307**

FAX: (907) 479-9666

Email: [acrf@nwresource.org](mailto:acrf@nwresource.org)

### ANCHORAGE

840 K Street, Suite 101  
Anchorage, AK 99501

**(907) 279-1799**

**1-866-478-7307**

FAX: (907) 279-1520

Email: [acrfsc@nwresource.org](mailto:acrfsc@nwresource.org)

### MAT-SU

**Physical:** 5050 Dunbar Street, Suite A-2  
**Mailing:** PO Box 876844, Wasilla, AK 99687

**(907) 376-4678**

FAX: (907) 376-4638

Email: [acrfms@nwresource.org](mailto:acrfms@nwresource.org)

**Order online: [www.acrf.org](http://www.acrf.org)**

ACRF is a Project of Northwest Resource Associates is funded by a grant from the Office of Children's Services to provide training, support, information and resources to Alaska's licensed foster parents, adoptive parents, and caretakers of children involved in the child protective system. ACRF offers a variety of educational opportunities including on-site training and distance delivery self-study. Our services are free of charge to OCS licensed foster and adoptive parents throughout the State of Alaska.