

MY CHILDS RIGHTS

1. I have the right to LOVE WHOM I CHOOSE; parents, stepparents and relatives, without guilt, pressure or rejection.
2. I have the right not to be asked to CHOOSE which parent I want to live with. I also have the right to express a PREFERENCE if I have one.
3. I have the right to BE WITH BOTH MY PARENTS, regardless of grown up wants and wishes regarding convenience, money or feelings.
4. I have the right to CONSISTENCY and a dependable daily and weekly ROUTINE, one that is not filled with alternating patterns and disruptions.
5. I have the right to be angry, sad, and fearful, and to EXPRESS MY FEELINGS.
6. I have the right to LOVE BOTH MY PARENTS, since they are both a part of me, and to be reassured that this is ok.
7. I have the right not to be asked to BLAME or to CHOOSE SIDES.
8. I am a child, I have the right to be a CHILD. Don't ask me to act like an ADULT or to make ADULT decisions. It is not my responsibility to be a friend or comforter to either parent.
9. I have the right to expect my parents TO BE ADULT ENOUGH TO UNDERSTAND that if I need to be with one of them, it does not mean I love the other less.
10. I have the right to HAVE MY SAY, BUT NOT MY WAY.
11. I have the right not to be asked to serve as a MESSENGER between my parents.
12. I have the right not to have to hear my parents ARGUE and FIGHT in front of me.
13. I have the right not to have to hear my parents say BAD THINGS about each other or each other's friends and family.
14. Don't GRILL ME; I have the right NOT TO HAVE TO TELL one parent what goes on in the other's home.
15. If a parent harms me or places me at risk, I have the right to TELL ANYONE.
16. I have the right not to be asked to keep SECRETS from one parent.
17. I have the right not to be involved in CHILD SUPPORT AND MONEY ISSUES.
18. I HAVE THE RIGHT TO BE A KID!!!!!!

Child Signature: _____

Date: _____

Parental Signature: _____

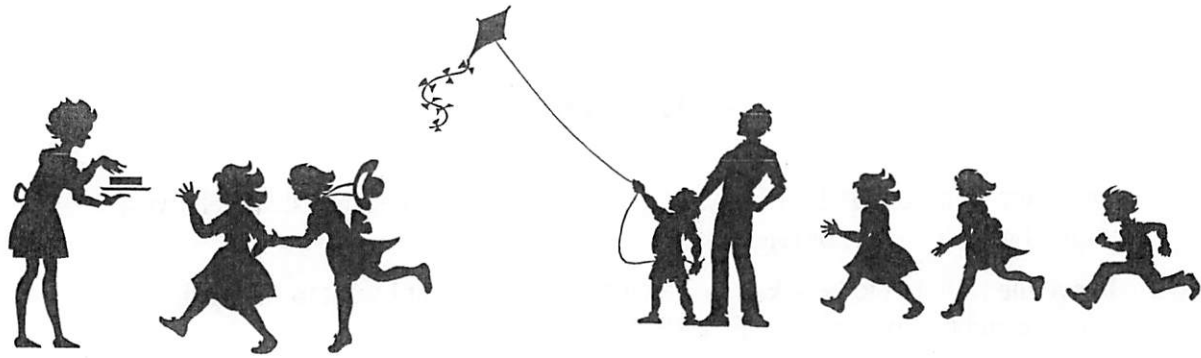
Date: _____

Parental Signature: _____

Date: _____

Witness Signature: _____

Date: _____



Children Learn What They Live

By Dorothy Law Nolte

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight.

If children live with ridicule, they learn to be shy.

If children live with shame, they learn to feel guilty.

If children live with encouragement, they learn confidence.

If children live with tolerance, they learn to be patient.

If children live with praise, they learn to appreciate.

If children live with acceptance, they learn to love.

If children live with approval, they learn to like themselves.

If children live with honesty, they learn truthfulness.

*If children live with security, they learn to have faith
in themselves and others.*

*If children live with friendliness, they learn the world is
a nice place in which to live.*

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