

# **ALASKA CENTER FOR RESOURCE FAMILIES SELF-STUDY QUESTIONNAIRE FOR FOSTER PARENTS**

**SUBJECT: ATTENTION DEFICIT HYPERACTIVITY DISORDER**

**COURSE: FOCUSING ON ADHD: A GUIDE FOR FOSTER PARENTS**

## **3.0 TRAINING CREDITS**

Please read the above-entitled self-study. Then complete the questionnaire found on the following pages. Try answering the questions first from your understanding of the material before referring back to the course. These questions pertain specifically to the course, which you have read.

After you have answered all the questions, please **send your completed questionnaire to the Alaska Center for Resource Families, 815 Second Avenue, STE 202. Fairbanks, Alaska 99701.** We will score your answers and add 3.0 training credits to your training record. A score of 70% correct or better will entitle you to receive training credit. In the event your score is less than 70% correct, we will contact you to determine if you wish to review the material and retake the questionnaire. If so, the book will be returned to you with a new questionnaire.

If you have questions or concerns about this self-study course, please call us on our toll-free line at 1-800-478-7307. Fairbanks/North Pole call: 479-7307; Anchorage: 279-1799.

**The following section is an evaluation of the self-study materials. Please fill it out upon completion of the questionnaire, and return this page to us with the rest of the course materials. Thank you for your time and comments. It helps us provide appropriate training to meet the needs of foster parents.**

### **\*\*\*\*\*EVALUATION OF SELF-STUDY MATERIALS\*\*\*\*\***

**Please complete the following questions.**

1. Did this self-study course meet with your expectations? \_\_\_\_YES \_\_\_\_NO
2. How would you rate the written presentation of information on the topic?  
\_\_\_\_Excellent                      \_\_\_\_Good                      \_\_\_\_Fair  
\_\_\_\_Poor
3. Did this course add to your knowledge and/or skills? \_\_\_\_YES \_\_\_\_NO
4. Comments/Concerns:

**FOCUSING ON ADHD: A GUIDE FOR FOSTER PARENTS****3.0 Credits****NAME:** \_\_\_\_\_ **PHONE NO.:** \_\_\_\_\_*Only one person per questionnaire. Feel free to make additional copies if needed.***ADDRESS:** \_\_\_\_\_*Street or Post Office**City/State**Zip***EMAIL:** \_\_\_\_\_

☐ **YES! I would like to receive ACRF email.** *(Includes Training Tracks Newsletter, training reminders and community events or training of interest for resource families)*

Are you a foster parent? ☐ YES ☐ NO If YES, what is your Foster Home License #: \_\_\_\_\_

If NO, please check one: ☐ Pending Foster Parent ☐ OCS ☐ Birth Parent ☐ Adoptive Parent

☐ Residential Treatment Facility (License #: \_\_\_\_\_) ☐ Agency: \_\_\_\_\_

☐ Other *(please specify)*: \_\_\_\_\_

**CHECK YOUR UNDERSTANDING**

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the self-study. These questions address information specifically stated in the reading.

1. What do the initials ADHD stand for?

**A** \_\_\_\_\_

**D** \_\_\_\_\_

**H** \_\_\_\_\_

**D** \_\_\_\_\_

2. What are the subtypes of ADHD? (CHOOSE ALL THAT APPLY)

\_\_\_\_\_ a. Inattentive

\_\_\_\_\_ b. Conduct Disorder

\_\_\_\_\_ c. Hyperactive/Impulsive

\_\_\_\_\_ d. Oppositional Defiant Disorder

\_\_\_\_\_ e. Combination of Inattentive, Hyperactive and Impulsive

3. There are several causes of ADHD that seem to be supported by research. Choose the causes that were mentioned in the self-study. (CHOOSE ALL THAT APPLY.)

\_\_\_\_\_ a. Additives in food

\_\_\_\_\_ b. Genetic factors or heredity

\_\_\_\_\_ c. Too much sugar in a child's diet

\_\_\_\_\_ d. Prenatal drug or alcohol exposure

\_\_\_\_\_ e. Diminished activity in certain brain regions

CHECK YOUR UNDERSTANDING

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4. To be diagnosed ADHD, hyperactive or inattentive symptoms that cause impairment must be present in a child before \_\_\_\_\_ years of age. (FILL IN THE BLANK.)
5. Name two (2) of the conditions mentioned in the self-study that might be co-morbid or often co-exist with ADHD in a child.
- a. \_\_\_\_\_
- b. \_\_\_\_\_
6. A diagnosis of ADHD automatically qualifies a child for special education.
- \_\_\_\_\_ a. True
- \_\_\_\_\_ b. False
7. Teachers and social workers are able to diagnose a child with ADHD.
- \_\_\_\_\_ a. True
- \_\_\_\_\_ b. False
8. Ritalin and Cylert are considered \_\_\_\_\_ medications.
- \_\_\_\_\_ a. Depressant
- \_\_\_\_\_ b. Anti-depressant
- \_\_\_\_\_ c. Antibiotic
- \_\_\_\_\_ d. Stimulant
9. Taking Ritalin or another medication will cause a child to behave better.
- \_\_\_\_\_ a. True
- \_\_\_\_\_ b. False
10. Name two (2) possible side effects that a child might experience from Ritalin.
- a) \_\_\_\_\_
- b) \_\_\_\_\_

CHECK YOUR UNDERSTANDING

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11. Between \_\_\_\_\_ percent of children with ADHD respond positively to stimulant medications.
- \_\_\_\_\_ a. 20 to 30 %  
\_\_\_\_\_ b. 30 to 40 %  
\_\_\_\_\_ c. 50 to 60 %  
\_\_\_\_\_ d. 70 to 80 %
12. Write out two (2) questions you learned from the self-study that you should ask a doctor if he or she is putting your child with ADHD on medications.
- a. \_\_\_\_\_
- b. \_\_\_\_\_
13. When a foster parent gets angry with a child who has oppositional and defiant behavior, it is more likely to increase the opposition, instead of decrease it.
- \_\_\_\_\_ a. True  
\_\_\_\_\_ b. False

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**FOR SCORING AND 3.0 TRAINING CREDITS,  
PLEASE RETURN THIS QUESTIONNAIRE TO:**

**Alaska Center for Resource Families  
815 Second Avenue Suite 202  
Fairbanks, AK 99709**

**OR FAX TO: 907-479-9666**