



Family Services are a key component of VOA Alaska's continuum of care for our state's youth and families.

From prevention and early intervention, mental health therapy, substance misuse counseling, peer support, supportive housing, and residential treatment, our team strives to meet the needs of youth and families in the community.

Whether our team is the right fit for your needs, or simply walking alongside you in your journey, we are here for you.

Address:

2600 Cordova Street, Suite 101
Anchorage, AK 99503

Family Services Contacts:

kinshipak@voaak.org

Director of Family Services
(907) 265-1905

Family Care Coordinators
(907) 419-4537
(907) 419-4536
(907) 419-4672

Visit us online to learn more:
voaak.org/family



Family Services



Supporting families raising relative children and those with youth in our care with connection, resources, and therapeutic services.

You are not alone. Our Family Services team provides education, intervention, and therapeutic support for all families with youth enrolled in VOA Alaska care.

Youth Early Intervention & Support



For youth in Kinship Care and other enrolled youth without a behavioral health diagnosis or treatment plan.

Our team uses evidence-based practices to teach healthy coping mechanisms and how to manage life's challenges.

Youth and their families will learn how to resolve problems, modify behavior, and make positive changes in their lives.

Individual Therapy



Youth receive support for a range of needs, including depression, anxiety, drug and alcohol use, suicidal ideation, anger management, and severe mental health or

substance use disorders.

Caregivers receive support surrounding loss, roles and boundaries, bonding, anger management, resentment, balance, and child-rearing practices.

Home-Based Family Services



Provided in the families home or throughout the community, these services include treatment and wrap-around care for the whole family.

Our team provides case coordination and referral, peer support and navigation, and skill development. Youth and caregivers will learn life and social skills, conflict resolution, self-regulation, and problem-solving.

Family Therapy



Focusing on helping families function in more positive and constructive ways, family therapy explores communication while providing support

and education to develop common goals, learn conflict resolution, and heal together.

Sessions are conducted at the VOA Alaska office and can include the youth, siblings, kinship caregivers, and parents (when applicable).



Kinship Care

Statewide support for Alaskans caring for their family members' children.

Eligibility: Relatives raising a grandchild, sibling, niece/nephew, or other extended family members. Caregivers do not have to be licensed or have legal custody to receive kinship services.

Enrollment: Caregivers complete an intake and family needs assessment and are then connected with a Kinship Care Coordinator to create a collaborative support plan based on family needs. Visit voaak.org/kinship to get started today.

Additional Services Offered To Kinship Caregivers

Case Management: Our care coordinators work with caregivers to identify and provide services and/or treatment based on the family needs assessment to support the child and family.

Financial Assistance: Limited funds to help pay for food and necessities such as gas, household supplies, and clothing.

Respite Care: Assistance to families to locate and access short-term childcare services that offer temporary relief for kinship caregiver.

Additional Services Available to all VOA Families:

Support groups, training and education, lending library, book club, paint nights, bingo, and a monthly newsletter highlighting program updates, community resources, and education opportunities.